

*Faculty Vita*

**Elizabeth A. Skowron, Ph.D.**

Professor of Counseling Psychology  
Director, Graduate Specialization in Prevention Science  
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**EDUCATION**

- 1995 UNIVERSITY AT ALBANY, STATE UNIVERSITY OF NEW YORK  
Ph.D. in Counseling Psychology (APA-accredited)
- 1991 UNIVERSITY AT ALBANY, STATE UNIVERSITY OF NEW YORK  
M.S. in Rehabilitation Counseling
- 1988 THE OHIO STATE UNIVERSITY, Columbus, Ohio.  
B.A. in Psychology

**POST-DOCTORAL EDUCATION and LICENSURE**

- 2005-08 GEORGETOWN FAMILY CENTER, Washington, DC.  
Postgraduate program in Bowen Family Systems Theory.  
Supervisor: Dr. Michael E. Kerr, Director.
- 2001-2013 Licensed Psychologist, State of Pennsylvania, #PS015077
- 2016-present Licensed Psychologist, State of Oregon, #22374

**AWARDS and HONORS**

- 2011-12 *Social Sciences Research Institute (SSRI) Faculty Fellowship*, Pennsylvania State University. Project title: "Neurobiology of parenting-at-risk"
- 2011 *Fellow*, American Psychological Association, Division 17: Society of Counseling Psychology
- 2009-10 *U.S. Fulbright Scholar*, National University of Ireland at Galway, Ireland
- 2010 *Fellow*, American Psychological Association, Division 43: Society of Family Psychology
- 1995 *Distinguished Doctoral Dissertation Award*, University at Albany, State University of New York
- 1994 *Dissertation Award*, American Psychological Association Science Directorate: Development and Validation of the *Differentiation of Self Inventory*.

**ACADEMIC POSITIONS**

- 2012-present UNIVERSITY OF OREGON, Eugene, OR.  
*Professor*, Ph.D. programs in counseling psychology (APA-accredited)  
 & prevention science  
*Research Scientist*, Prevention Science Institute
- 2012-2016 *Director*, Graduate Specialization in Prevention Science
- 2001- 2012 THE PENNSYLVANIA STATE UNIVERSITY, University Park, PA.  
*Associate Professor*, APA-accredited Ph.D. program in counseling psychology.  
*Doctoral program training director* 2007-2009.  
*Faculty Affiliate*, Children, Youth, and Families Consortium, Child Study Center, and Penn  
 State Institute for Neurosciences.  
 (Tenure & promotion awarded in 2005).
- Sept., 1998- UNIVERSITY OF WISCONSIN, Milwaukee, WI.  
 May, 2001 *Assistant Professor*, APA-accredited Ph.D. program in counseling psychology. Taught  
 Clinical Supervision, Family Systems Therapy, Practicum, Essentials of Counseling, and  
 Psychotherapy Research.

**CLINICAL INTERNSHIP and POST-DOCTORAL TRAINING**

- Sept., 1996- SAN FRANCISCO GENERAL HOSPITAL, San Francisco, CA  
 May, 1998 *Post-Doctoral Trainee & Research Associate* for the *Child Trauma Project*, in the Irving  
 B. Harris-funded early childhood intervention program. Provided in-home attachment-  
 based parent-child psychotherapy for low-income, ethnically-diverse families with  
 domestic violence and resulting traumatic stress disorders in this empirically-grounded  
 intervention program. Supervisor: Alicia Lieberman, Ph.D.
- Sept., 1995- LANGLEY PORTER PSYCHIATRIC INSTITUTE, University of California,  
 Aug., 1996 San Francisco. *Postdoctoral Fellow in Child Clinical Psychology* providing inpatient,  
 partial-hospital, and outpatient assessment and psychotherapy services to children,  
 adolescents, and their families. Provided therapy to children, adolescents, and families,  
 provided consultation to multidisciplinary teams, and evaluated infants for developmental  
 delays. Supervisors: Delmont Morrison, Ph.D. and Steven Friedlander, Ph.D.
- Sept., 1994- PALO ALTO VA MEDICAL CENTER, Palo Alto, California.  
 Aug., 1995 *Psychology Intern* in the APA-approved Internship Training Program.  
 Supervisors: Donna L. Horn, Ph.D., Johanna M. Mayer, Ph.D., Hanna Levenson, Ph.D.,  
 Douglas Rait, Ph.D., and other clinical faculty.

**RESEARCH****Funded Grants-Ongoing**

- 2015-2019 R01DA036533. ***Targeting neurobiological and behavioral mechanisms of self-regulation in high-risk families.*** Funded: \$3,566,916. NIH/NIDA PI: Skowron  
 This study comprises a randomized controlled trial of Parent-Child Interaction Therapy (PCIT) for child maltreatment and test the effects of PCIT on neurobiological indices of self-regulation and behavior in CM parents and their elementary-school children. The goal is to identify the neurobiological mechanisms of parenting changes that may inform how parenting interventions designed to reduce child maltreatment are optimized, triaged, dosed, assessed, and sustained, and how they generate parallel improvements in children's self-regulation.  
 Role: Principal Investigator
- 2015-2017 1539698. ***Effects of early adversity on autonomic and neural mechanisms underlying self-regulation.*** NSF, 08/15/15-07/31/17. Funded: \$594,785. PI: Neville  
 The goals of this grant are to: 1. determine the differential contributions of parasympathetic and sympathetic nervous system (PNS/SNS) mechanisms associated with behavior and brain function for attention and self-regulation in young children and adults; 2. determine the extent to which PNS and SNS functions interact with the neural response to feedback and errors in self-regulation on a trial-by-trial basis; and 3. develop and refine models of the role of PNS and SNS functions in the relationship between early adversity and behavior and brain function for attention and self-regulation.  
 Role: Co-Investigator
- 2013-2019 90YR0076-01-00. ***Broad Implementation of a Successful Dual-Generation Intervention in Partnership with Head Start of Lane County.*** DHHS/Administration for Children and Families, 05/01/14 to 04/30/19. Funded: \$2,104,500. PI: Neville  
 The goals of this grant are to: 1) scale up a successful two-generation intervention program for broad implementation within the Head Start program structure, 2) characterize distal changes in parent and family well-being as a result of an evidenced-based parenting intervention, including health and safety, parental education, financial literacy and decision making, and biomarkers of allostatic load, and 3) evaluate hypothesized factors mediating intervention outcomes, specifically stress and self-regulation in parents and children.  
 Role: Co-Investigator
- 2012-2017 1R01HD068594-01. ***Caregiving, Attachment and Regulation of Emotions*** NIH/NICHD. Funded: \$2,209,108. PI: Woodhouse.  
 This study examines a sample of racially and ethnically diverse, urban, low-SES mothers and infants to examine the relative predictive utility of competing conceptualizations of maternal caregiving in predicting infant stress reactivity, physiological indicators of emotion regulation, and behavioral problems (e.g., internalizing and externalizing problems), and later emotion regulation.  
 Role: Co-Investigator

## Training Grants

- 2016-2020 R01DA036533. ***Targeting neurobiological and behavioral mechanisms of self-regulation in high-risk families—Diversity Supplement.*** 09/01/2016-01/31/2020. This proposal seeks to provide a pre-doctoral fellowship for Mr. Woodlee to obtain experience and training in working with an ongoing NIDA-funded clinical trial and examining mechanisms of intervention-driven change in biobehavioral health and self-regulatory outcomes in maltreating parents and their children. This experience is directly related to his future research goals, which will focus on parent–child and family interventions targeting relational violence, drug use prevention, and health promotion with underserved and minority populations. NIH/NIDA Trainee: Kyndl Woodlee. Direct Costs: \$154,687. Role: Principal Investigator/Mentor
- 2011-2016 K01 HD068170-01A1. ***Parent-Child Biobehavioral Coregulation and Child Maltreatment Risk.*** This longitudinal study follows 200 families over three time points and examines how physiological arousal, affect, and disciplinary/compliance behaviors are co-regulated in real time during typical and stressful interactions between parents and their preschoolers at risk for maltreatment. NIH/NICHHD (Lunkenheimer, PI). Direct Costs: \$640,733  
Role: Co-Mentor
- 2004-2014 ***Development and Psychopathology Research Training (DEEP).*** (Pre & Postdoctoral) NIH/NIMH. T32 MH20012. PI: Stormshak.  
Role: Faculty Mentor
- 2009-2012 ***"Training Interdisciplinary Educational Scientists (TIES) Program."*** (Predoctoral) Department of Education IES. PI's: Thomas Farmer & Karen Bierman.  
Role: Faculty Mentor
- 2006-2010 T32 MH070327. ***Integrative Research Training in Early Childhood Mental Health*** NIH/National Institute of Mental Health; PI's: Pamela Cole & Mark Greenberg  
Role: Faculty Mentor

## Pending Grants

### ***Preschooler Emotion Regulation in the Context of Maternal Borderline Personality Disorder***

09/01/2016-08/30/2021. NIH/NIMH PI: Zalewski Regnier.

The focus of this project is to causally examine relations between maternal and child emotion regulation in dyads in which mothers have BPD. Project employs a randomized controlled trial of dialectical behavior therapy skills to target improvements in maternal emotion regulation. Findings are expected to have significant implication for identifying modifiable mechanisms underlying transmission of risk in the preschool years.

Role: Co-Investigator

### ***Effects of Early Adversity on Autonomic and Neural Mechanisms Underlying Self-Regulation***

11/01/2015-10/30/2017. PI: Neville.

The primary goal of this project is to create a community-based, family-centered system of care to address the needs of children who are perinatally exposed (PE) to substances of abuse. The

aims of the project are to: 1) use community-based participatory research methods to collect data on the needs and interests of children and families affected by PE; 2) create a linked system of care for children with PE; and 3) evaluate the impact of two brief strengths-based intervention programs for children with PE age 0–5 years and their caregivers. NICHD. Direct Costs:  
Role: Co-Investigator

### Completed Grants

- 2007-2013 5R01 MH079328. ***Parent-Child Processes: Negative Self-Regulatory and Behavioral Outcomes.*** National Institute of Mental Health, 9/11/2007 to 6/30/2013. Funded: \$2,300,000.  
Role: Principal Investigator.  
This project examines patterns of family emotional process in dyadic interactive coordination in maltreating and non-maltreating mother-preschooler dyads, and examines linkages with physiological and behavioral indicators of self-regulation in mothers and children.
- 2010-2012 ***The development of novel analytic strategies to integrate physiological and behavioral measures.*** PI: Gatzke-Kopp.  
Penn State Institute of Neurosciences  
The goal of this research is to develop and establish validity of novel statistical approaches for modeling continuous streams of physiological data for use in study of intersection of physiology and behavior (i.e., parenting interactions). Funded: <\$20,000.  
Role: Co-Investigator
- 2008-2010 ***Integrating Neurobiology and Family Context to Understand Treatment Response in Attention-Deficit/ Hyperactivity Disorder (ADHD)***  
PI: Gatzke-Kopp  
Penn State University CYFC Level II Grant. Funded: <\$20,000.  
Role: Co-Investigator
- 2004-2007 ***Parent self-regulation, family communication patterns, child neglect, and school readiness.*** Principal Investigator, The Pennsylvania State University, Children, Youth, and Families Consortium Level II Grant. Funded: \$22,588.
- 2002-2003 ***Distinguishing Parent-Child Communication Patterns in Families with High vs. Low Child Abuse Potential.*** Principal Investigator, The Pennsylvania State University, College of Education Research Initiation Grant. Funded: \$6,320.
- 1994 ***The Development and Validation of the Differentiation of Self Inventory.*** Principal Investigator, University at Albany, State University of New York Benevolent Association, Research Grant. Funded: \$500.

**Peer-Reviewed Publications** (student authors in italics)

36. Clark, C., **Skowron**, E. A., *Giuliano*, R., & Fisher, P. (2016). Intersections between cardiac physiology, emotion regulation, and interpersonal warmth in preschoolers: Implications for drug abuse prevention from translational neuroscience. *Drug and Alcohol Dependence*, *163*, S60-S69. PMC4911543
35. Smith, J. D., Woodhouse, S., Clark, C., & **Skowron**, E. A. (2016). Attachment status and mother-preschooler parasympathetic response to the Strange Situation Procedure. *Biological Psychology*, *114*, 39-48. PMC4737994
34. Karns, C. M., *Giuliano*, R. J., Pakulak, E., Bell, T., Peterson, S., **Skowron**, E. A., & Neville, H. (2015). Autonomic and neural mechanisms supporting inhibitory control in a stop-signal task. *Psychophysiology*, *52*, xx-xx.
33. *Noll*, L., Clark, C., & **Skowron**, E. A. (2015). Multigenerational links between mother's experience of autonomy in childhood and preschoolers' respiratory sinus arrhythmia (RSA): Variations by maltreatment status. *Development and Psychopathology*, *27*, 1443-1460. PMID: 26535936
32. *Rodriguez-Gonzalez*, M., **Skowron**, E. A., Cagigal de Gregorio, V., & Muñoz San Roque, I. (2015). Differentiation of self, mate selection, and marital adjustment: Validity of Bowen theory postulates in a Spanish sample. *American Journal of Family Therapy*, *44*(1), 11-23.
31. *Giuliano*, R., **Skowron**, E. A., & Berkman, E. (2015). Growth models of dyadic synchrony and mother-child vagal tone in the context of parenting at-risk. *Biological Psychology*, *105*, 29-36. PMC4336820
30. *Rodríguez-González*, M., **Skowron**, E. A., & Jódar Anchía, R. (in press). Spanish adaptation of the Differentiation of Self Inventory-Revised (S-DSI). *Terapia Psicológica*.
29. **Skowron**, E. A., Cipriano-Essel, E. A., Gatzke-Kopp, L. M., Teti, D. M., & Ammerman, R. T. (2014). Early adversity, RSA, and inhibitory control: Evidence of children's neurobiological sensitivity to social context. *Developmental Psychobiology*, *56*, 964-978. doi: 10.1002/dev.21175. PMC3992193
28. **Skowron**, E. A., Cipriano-Essel, E. A., Benjamin, L. S., & Pincus, A.L., & Van Ryzin, M. (2013). Cardiac vagal tone and quality of parenting show concurrent and time-ordered associations that diverge in abusive, neglectful, and non-maltreating mothers. *Couple and Family Psychology: Research and Practice*, *2*, 95-115. PMC3980485
27. *Creaven*, A. M., **Skowron**, E. A., Hughes, B., Howard, S., & Loken, E. (2013). Dyadic concordance in mother and preschooler resting cardiovascular function varies by risk status. *Developmental Psychobiology*, *56*, 142-152. doi: 10.1002/dev.21175. PMC3963270
26. *Cipriano-Essel*, E. A., **Skowron**, E. A., Stifter, C. A., & Teti, D. M. (2013). Heterogeneity in maltreated and non-maltreated preschool children's inhibitory control: The interplay between parenting quality and child temperament. *Infant and Child Development*, *22*, 501-522. PMC3980498

25. Platt, L.F., & Skowron, E. A. (2013). The Family Genogram Interview: Reliability and validity of a new interview protocol. *The Family Journal*, 21, 35-45.
24. Skowron, E. A., Loken, E., Gatzke-Kopp, L. M., Cipriano-Essel, E. A., Woehrle, P. L., Van Epps, J.J., Gowda, A., & Ammerman, R. T. (2011). Mapping cardiac physiology, parenting, and dyadic processes in maltreating mother-child dyads. *Journal of Family Psychology*, 25, 663-674. PMC3582338
23. Cipriano, E. A., Skowron, E. A., & Gatzke-Kopp, L.M. (2011). Preschool children's cardiac reactivity moderates relations between exposure to family violence and emotional adjustment. *Child Maltreatment*, 16, 205-215. PMC3582334
22. Skowron, E. A., Kozlowski, J. M., & Pincus, A. (2010). Differentiation, self-other representations, and rupture-repair processes: Predicting child maltreatment risk. *Journal of Counseling Psychology*, 57, 304-316. PMC2923821
21. Skowron, E. A., Stanley, K., & Shapiro, M. (2009). A longitudinal perspective on differentiation of self, interpersonal, and psychological well-being in young adulthood. *Contemporary Family Therapy*, 31, 3-18.
20. American Psychological Association (2007). Guidelines for psychological practice with girls and women. *American Psychologist*, 62, 949-979.  
(Task force member & Chair of Work Group on Clinical Interventions with Girls & Women.)
19. Knauth, D. G., & Skowron, E. A., & Escobar, M. (2006). Effect of differentiation of self on adolescent risk behavior: Test of the theoretical model. *Nursing Research*, 55, 336-345.
18. Skowron, E. A. (2005). Parent differentiation of self and child competence in low-income, urban families. *Journal of Counseling Psychology*, 52, 337-342.
17. Skowron, E. A., & Platt, L. F. (2005). Differentiation of self and child abuse potential in young adult college students. *The Family Journal*, 13, 281-290.
16. Skowron, E. A. & Reinemann, D. H. S. (2005). Psychological interventions for child maltreatment: A meta-analysis. *Psychotherapy: Theory, Research, Practice, and Training*, 42, 52-71.
15. Knauth, D. A., & Skowron, E. A. (2004). Psychometric evaluation of the Differentiation of Self Inventory for adolescents. *Nursing Research*, 53, 163-171.
14. Matthews, C. R., & Skowron, E. A. (2004). Teaching prevention: Examination of a seminar course. *Journal of Mental Health Counseling*, 26, 349-360.
13. Skowron, E. A. (2004). Differentiation of self, adjustment, problem solving, and ethnic belonging among persons of color. *Journal of Counseling and Development*, 82, 319-328.
12. Skowron, E. A., & Dendy, A. K. (2004). Differentiation of self and attachment in adulthood: Relational correlates of effortful control. *Contemporary Family Therapy: An International*

*Journal*, 26, 337-357.

11. **Skowron**, E. A., Wester, S., & Azen, R. (2004). Differentiation of self mediates college stress and adjustment. *Journal of Counseling and Development*, 82, 69-78.
10. Trusty, J., **Skowron**, E. A., Watts, R. E., & Parrillo, A. L. (2004). Modeling effects of counselor-trainees' perceptions of early childhood on trainees' social influence attributes. *The Family Journal*, 12, 6-13.
9. **Skowron**, E. A., Holmes, S. E., & Sabatelli, R. M. (2003). Deconstructing differentiation: Self-regulation, interdependent relating, and well-being in adulthood. *Contemporary Family Therapy: An International Journal*, 25, 111-129.
8. **Skowron**, E. A., & Schmitt, T. A. (2003). Assessing interpersonal fusion: Reliability and validity of a new DSI Fusion with Others subscale. *Journal of Marital and Family Therapy*, 29, 209-222.
7. Morrison, D. C., Cerles, L., Montaini-Klov Dahl, L., & **Skowron**, E. A. (2000). Prenatally drug exposed toddlers: Cognitive and social development. *American Journal of Orthopsychiatry*, 70, 278-283.
6. **Skowron**, E. A. (2000). The role of differentiation of self in marital adjustment. *Journal of Counseling Psychology*, 47, 229-237. [Also digested in the *Clinician's Research Digest*, 18 (10).]
5. **Skowron**, E.A., & Friedlander, M. L. (1998). The Differentiation of Self Inventory: Development and initial validation. *Journal of Counseling Psychology*, 45, 235-246.
4. Friedlander, M. L., Heatherington, L., Johnson, B., & **Skowron**, E.A. (1994). Sustaining engagement: A change event in family therapy. *Journal of Counseling Psychology*, 41, 438-448.
3. **Skowron**, E. A., & Friedlander, M. L. (1994). Psychological separation, self-control, and weight preoccupation in elite women athletes. *Journal of Counseling and Development*, 72, 310-315.
2. Friedlander, M. L., Heatherington, L., Wildman, J., & **Skowron**, E. A. (1994). What we do and don't know about the process of effective family therapy. *Journal of Family Psychology*, 8, 390-416.
1. **Skowron**, E. A., & Friedlander, M. L. (1993). The Differentiation of Self Inventory: Development and initial validation. *Resources in Education*, (ED 357 045). Ann Arbor, MI: ERIC Clearinghouse.

### Book Chapters

5. **Skowron**, E.A. (2015). Understanding autonomic physiology and relationship processes in high-risk families. In R. Noone & D. Papero (Eds.), *The Family Emotional System: An Integrative Concept for Theory, Science, and Practice*. Rowman & Littlefield.
4. **Skowron**, E. A., Van Epps, J.J., & Cipriano-Essel, E. A. (2015). Toward a greater understanding of differentiation of self in Bowen Family Systems Theory: Empirical developments and future directions. In Titelman, P. (Ed.), *Differentiation of self: Bowen Family Systems Theory Perspectives* (pp. 355-382). New York: Routledge.



3. **Skowron, E. A., & Farrar, J.** (2015). Multigenerational family therapy. In J. Lebow and T. Sexton (Eds.) *Handbook of Family Therapy* (3<sup>rd</sup> ed). New York: Routledge.
2. **Skowron, E.A, Van Epps, J.J., Cipriano-Essel, E.A., & Woehrle, P.L.** (2014). A role for Bowen Family Systems Theory in guiding cross-disciplinary, translational research and effective intervention: Current developments and future directions. In M. Rodríguez González & M. Martínez Berlanga (Eds.), *La Teoría Familiar Sistémica de Bowen: Avances y aplicación terapéutica*. Madrid: McGraw Hill.
1. **Skowron, E. A., & Woehrle, P.L.,** (2012). Child maltreatment. In N. Fouad, J. Carter, & L. Subich (Eds.), *APA Handbook of Counseling Psychology, vol. 2: Practice, Interventions and Applications* (pp. 153-180). Washington, DC: American Psychological Association.

### Peer-Reviewed Publications – Under Review

- Skowron, E. A., Khurana, A., & Gatzke-Kopp, L. M.** (revise & resubmit). *Mapping patterns of dyadic coordination and children's self-regulation in maltreating and non-maltreating families.*
- Lunkenheimer, E., Tiberio, S. S., **Skowron, E. A.,** Buss, K., & Boker, S. M. (under review). *The dynamic coupling of positive behavior between parent and child: Relations with harsh parenting and child adjustment.*
- Lampis, J., & **Skowron, E. A.** (under review). *The role of differentiation and dyadic adjustment in predicting codependency.*
- Teresi, J. A., Burnes, D. P. R., **Skowron, E. A.,** Dutton, M. A., Mosqueda, L., & Lachs, M. (under review). *State-of-the-science on prevention of elder abuse and lessons learned from child abuse and domestic violence prevention: Toward a conceptual framework for research.* Journal of Elder Abuse & Neglect.

### Peer-Reviewed Publications – In Preparation

- Lunkenheimer, E., Lucas-Thompson, R., **Skowron, E. A.,** & Kemp, C. J. (in preparation). *Relations among parent-child coregulation and authoritative, abusive, and neglectful parenting.*
- Mintz, B., Lapsey, C., Lyons, E., Norman Wells, J., Giuliano, R. J., & **Skowron, E. A.** (in preparation). *Social determinants of inflammation and arousal in mothers and their preschool children.*
- Norman Wells, J., Lapsey, C., & **Skowron, E. A.** (in preparation). *Harsh parenting moderates time-ordered associations between children's compliance behavior on maternal parasympathetic response.*
- Giuliano, R. J., Skowron, E. A., et al. (in preparation). *Resting sympathetic activation and vagal reactivity are associated with fluctuations in working memory capacity in high-risk mothers.*

## Teaching Manuals

Skowron, E. A. & Nichols, M. P.,(2004). *Instructor's Manual and Test Bank for Nichols and Schwartz' Family therapy: Concepts and methods* (6th ed.). Boston: Allyn and Bacon.

Skowron, E. A. (1994, 1998, 2000). *Instructor's manual for Nichols and Schwartz' Family therapy: Concepts and methods* (3rd, 4th, & 5th ed.). Boston: Allyn and Bacon.

## CONFERENCE PRESENTATIONS (National/International)

Schweer, M. L., & Skowron, E. A. (2016, August). *Maternal differentiation of self as a predictor of child effortful control*. Poster session accepted to the annual convention of the American Psychological Association, Denver, CO.

Johnson, K. A., & Skowron, E. A. (2016, August). *Associations between severity of child neglect and quality of parenting*. Poster accepted to the 2016 American Psychological Association Annual Convention, Denver, CO.

Clark, C. A., Skowron, E. A., Giuliano, R. J., Jeffries, R., & Mintz, B. (2015, October). *Relations between cardiac vagal tone, interpersonal warmth, and attentional regulation in preschoolers*. Poster presented at the Society for Psychophysiological Research, Seattle, WA.

Giuliano, R. J., Karns, C.M., Pakulak, E., Bell, T., Petersen, S., Skowron, E. A., & Neville, H. J. (2015, October). *Parasympathetic and sympathetic contributions to ERP measures of selective attention in children and adults*. Poster presented at the Society for Psychophysiological Research, Seattle, WA.

Jeffries, R., Giuliano, R. J., & Skowron, E. A. (2015, October). *Autonomic physiology and event-related potentials in mothers during executive function*. Poster presented at the Society for Psychophysiological Research, Seattle, WA.

Karns, C., Giuliano, R., Pakulak, E., Bell, T., Petersen, S., Skowron, E., & Neville, H. (2015, October). *Autonomic and neural mechanisms supporting inhibitory control in a Stop-Signal task*. Poster presented at the Society for Psychophysiological Research, Seattle, WA).

Rutherford, S.E., Skowron, E.A., & Folk, D.J. (2015, October). *Differences in respiratory sinus arrhythmia during cognitive load: Alcohol use and altered self-regulation*. Poster presented at the Society for Psychophysiological Research, Seattle, WA).

Skowron, E. A., Khurana, A., & Gatzke-Kopp, L., (2015, March). Latent profiles of dyadic synchrony, rupture and repair predict children's RSA and inhibitory control. In E. A. Skowron & P. Hastings (Chairs), *Examining the importance of physiological self-regulation for parenting across the spectrum of risk*. Symposium presented at the Society for Research in Child Development, Philadelphia, PA.

Giuliano, R., Skowron, E. A., & Berkman, E., (2015, March). Child maltreatment (CM) moderates

growth models of dyadic positive synchrony and maternal parasympathetic tone. In E. A. Skowron & P. Hastings (Chairs), *Examining the importance of physiological self-regulation for parenting across the spectrum of risk*. Symposium presented at the Society for Research in Child Development, Philadelphia, PA.

Giuliano, R., Reinka, M., & Skowron, E.A. (2015, March). Cardiovascular function and neural mechanisms of executive function in mothers with high cumulative risk. Poster presented at the Society for Research in Child Development, Philadelphia, PA.

Rodríguez-González, M., Jódar Anchía, R., Cagigal De Gregorio, V., & Skowron, E. (2014, November). *Podemos mejorar la salud de las personas trabajando la diferenciación del self en psicoterapia? Algunas evidencias desde la investigación*. Poster presented at the II Congreso Nacional de Psicoterapia FEAP 2014. Barcelona, Spain.

Rodríguez-González, M., Jódar Anchía, R., Cagigal De Gregorio, V., & Skowron, E. (2014, November). *¿Es la diferenciación del self una variable relevante para la terapia de pareja? Resultados preliminares sobre su relevancia como variable protectora del ajuste marital ante eventos vitales estresantes*. Poster presented at the II Congreso Nacional de Psicoterapia FEAP 2014. Barcelona, Spain.

Skowron, E. A., Giuliano, R., & Bray, B., (2014, November). Maternal and Child Respiratory Sinus Arrhythmia (RSA) is Associated with Harsh Parenting and Child Compliance in Child Welfare Families. In L. Fainsilber Katz (Chair), *Parenting in the Context of Diverse Risk Conditions: Behavioral and Neurobiological Findings*. Symposium presented at the Society for Research in Child Development Special Topics Conference on Parenting-at-Risk, San Diego, CA.

Giuliano, R., Skowron, E. A., & Berkman, E., (2014, November). Child maltreatment (CM) moderates growth models of dyadic positive synchrony and maternal parasympathetic tone. In E. A. Skowron & P. Hastings (Chairs), *Examining the importance of physiological self-regulation for parenting across the spectrum of risk*. Symposium presented at the Society for Research in Child Development Special Topics Conference on Parenting-at-Risk, San Diego, CA.

Skowron, E. A., Khurana, A., & Gatzke-Kopp, L., (2014, November). Latent profiles of dyadic synchrony, rupture and repair predict children's RSA and inhibitory control. In E. A. Skowron & P. Hastings (Chairs), *Examining the importance of physiological self-regulation for parenting across the spectrum of risk*. Symposium presented at the Society for Research in Child Development Special Topics Conference on Parenting-at-Risk, San Diego, CA.

Clark, C.A.C., Smith, J.D., Woodhouse, S.S., & Skowron, E.A. (2014, September). *Attachment status and parasympathetic responses to the strange situation procedure in mother-preschooler dyads*. Poster presented at the Annual Conference of the Society for Psychophysiology Research, Atlanta, GA.

Skowron, E. A., Cipriano-Essel, E. A., Gatzke-Kopp, L. M., Teti, D., & Ammerman, R. T. (2013, April). *Children's RSA moderates associations between maltreatment exposure and inhibitory control: Evidence of neurobiological sensitivity to context*. Paper presented at the Biennial Conference of the Society for Research in Child Development, Seattle, WA.

- Skowron, E. A., Van Ryzin, M., Cipriano-Essel, E. A., Benjamin, L. S., & Pincus, A.** (2013, April). *Maternal RSA and parenting behaviors display concurrent and cross-lagged associations that diverge in abusive and non-maltreating mothers.* Poster presented at the Biennial Conference of the Society for Research in Child Development, Seattle, WA.
- Skowron, E. A., Cipriano-Essel, E. A., Rodríguez-González, M.** (2012, September). *Understanding the effects of early childhood adversity and proximal parenting processes on children's developing self-regulation of attention and behavior: Implications for school readiness.* Poster presented at the 5<sup>th</sup> Biennial Meeting of the European Association for Research on Learning and Instruction (EARLI), Milano, Italy.
- Rodríguez-González, M., Skowron, E. A., Noone, R. J.** (2012, September). *Bowen Family Systems Theory as a framework for advancing cross-disciplinary research on self-regulation development in early childhood. Current developments and future directions.* Poster presented at the Poster presented at the 5<sup>th</sup> Biennial Meeting of the European Association for Research on Learning and Instruction (EARLI), Milano, Italy.
- Cipriano, E. A., & Skowron, E. A.** (2011, March). *Self-regulation and physiological functioning in maltreated children: The role of maltreatment subtype and child temperament.* Poster presented at the Biennial Conference of the Society for Research in Child Development, Montreal, Canada.
- Creaven, A.M., Skowron, E. A., Howard, S., & Hughes, B. M.** (2010, August). *Child Maltreatment as a predictor of physiological congruence during mother-child interactions.* Paper presented at the 31<sup>st</sup> World Conference on Stress & Anxiety Research (STAR), Galway, Ireland.
- Hughes, B. M., Skowron, E. A., Howard, S., Creaven, A. M.** (2010, March). *Elevated heart rate and reduced respiratory sinus arrhythmia in socio-economically disadvantaged mothers: Implication for stress processes and physical health.* Paper presented to the 7<sup>th</sup> Annual Psychology, Health, & Medicine Conference, Royal College of Surgeons in Ireland, Dublin, Ireland.
- Creaven, A. M., Skowron, E. A., Howard, S., & Hughes, B. M.** (2010, March). *Patterns of physiological congruence between mothers and their pre-school children: Evidence for stress-contagion phenomenon among maltreatment parents.* Paper presented to the 7<sup>th</sup> Annual Psychology, Health, & Medicine Conference, Royal College of Surgeons in Ireland, Dublin, Ireland.
- Skowron, E. A.** (2009, November). *Maternal differentiation, genetic polymorphisms, and a child's self-regulation.* Paper presented at the 46<sup>th</sup> Annual Symposium on Family Theory and Family Psychotherapy, Washington, D.C.
- Skowron, E. A., Cipriano, E. A.** (2009, September). *Child neglect, self-regulation, and cardiovascular reactivity in low-income families.* Presentation to the Translational Research on Child Neglect Consortium (TRCNC) Conference, Los Angeles, CA.
- Stanley, K. L. & Skowron, E. A.,** (2009, August). *Complementarity in Marriage: Testing Interpersonal Complementarity as a Mediator in Toman's Duplication Theorem of Social Relationships.* Poster presented to the American Psychological Association Convention, Toronto, ON.

- Rovers, P., Van Epps, J. J., Akturk, E. B., & Skowron, E. A. (2009, August). *Exploring the relationship between psychological distress and abuse potential*. Poster presented to the American Psychological Association Convention, Toronto, ON.
- Cipriano, E.A., Van Epps, J. J., & Skowron, E. A. (2009, March). *Does children's physiology mediate or moderate the relationship between exposure to violence and behavioral adjustment?* Paper presented to the Society for Research in Child Development Conference, Denver, CO.
- Skowron, E. A., Lee, R., & Boyce, C. (2008, August). *NIMH funding and the counseling psychologist*. Symposium presented at the Annual Convention of the American Psychological Association, Boston, MA.
- Van Epps, J. J., Skowron, E.A., & Akturk, E. B. (2008, August). *Child Abuse Potential, Differentiation of Self, Self-Regulation, and Patterns of Interpersonal Complementarity in Parent-Child Transactions*. Poster presented at the Annual Convention of the American Psychological Association, Boston, MA.
- Platt, L. F., & Skowron, E.A. (2008, August). *Family Genogram Interview: Reliability and Validity of a New Interview Protocol*. Poster presented at the Annual Convention of the American Psychological Association, Boston, MA.
- Skowron, E. A. (Chair) (2007, August). *Passing the Baton: A tribute to mentoring excellence in counseling psychology*. Symposium presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Skowron, E. A., DePalma, N., Shapiro, M., Stanley, K., Kelleher, R., & Elreda, D. (2007, August). *Child maltreatment and mother-child emotional reactivity and regulation*. Poster presented at the Annual Convention of the American Psychological Association, San Francisco, CA.
- Shapiro, M., Stanley, K., & Skowron, E. (2007, August). *Self-differentiation, psychological symptoms, and interpersonal problems: A longitudinal study*. Poster presented at the Annual Convention of the American Psychological Association, San Francisco, CA.
- DePalma, N. H., & Skowron, E. A. (2007, August). *Maternal relational characteristics and eating attitudes*. Poster presented at the Annual Convention of the American Psychological Association, San Francisco, CA.
- Stanley, K. L., & Skowron, E. A. (2006, August). *Complementarity in marriage: Testing Toman's duplication theorem of social relationships*. Poster presented at the annual convention of the American Psychological Association, New Orleans, LA.
- Skowron, E. A., Kozlowski, J., & Pincus, A. (2005, August). *Differentiation, SASB representations, parent-child processes, and child abuse potential*. In E. A. Skowron (Chair), Bowen family systems theory and child maltreatment: Empirical developments. Symposium presented to the annual convention of the American Psychological Association, Washington, DC.
- Platt, L. F., & Skowron, E. A., (2005, August). *Differentiation, problem-solving, and child abuse potential in young adulthood*. In E. A. Skowron (Chair), Bowen family systems theory and child

maltreatment: Empirical developments. Symposium presented to the annual convention of the American Psychological Association, Washington, DC.

- Skowron, E. A., Dendy, A. K., & Hayes, J. A.** (2004, July). *Therapist differentiation of self, working alliance, and client outcome*. In E. A. Skowron (Chair), *Therapist self-differentiation, working alliance, countertransference reactions, and psychotherapy outcome*. Symposium presented to the annual convention of the American Psychological Association, Honolulu, HI.
- Hayes, J. A., **Skowron, E. A., & Dendy, A. K.** (2003, November). *Operationalizing countertransference as deviations from baseline*. Paper presented at the North American chapter meeting of the Society for Psychotherapy Research, Newport, Rhode Island.
- Skowron, E. A. & Kozlowski, J. M.** (2003, June). *Parent differentiation, attachment representations, and competence in low-income, urban children*. Poster accepted to the Fifth Annual Summer Institute, Family Research Consortium III: Intervention as Science, Santa Ana Pueblo, NM.
- Hayes, J. A., **Skowron, E. A., & Dendy, A. K., & Trusty, J. T.** (2003, June). *Therapist self-differentiation, internal countertransference reactions, and outcome*. Paper presented at the annual meeting of the Society for Psychotherapy Research, Weimar, Germany.
- Wester, S. R., Vogel, D. L., & **Skowron, E. A.** (2002, August). *Differentiation of self and the acceptance of family violence*. Poster presented at the annual convention of the American Psychological Association, Chicago, IL.
- Schmitt, T. A., **Skowron, E.A., & Walker, C.** (2002, August). *Differentiation of self predicts physiological reactivity and quality of attachment*. Poster presented at the annual convention of the American Psychological Association, Chicago, IL.
- Skowron, E. A., Kozlowski, J. M., deRoos, T., & Longley, C.** (2001, November). *Family structure, differentiation, attachment representations, and competence in urban children*. Paper presented at the biennial conference of the Northern American Society for Psychotherapy Research, Puerto Vallarta, Mexico.
- Skowron, E. A., Kozlowski, J. M., Azen, R., Reinemann, D. H. S., Schmitt, T. A., & Ackerman, M. A.** (2001, August). *Parent differentiation, attachment to grandparents, and competence in urban children*. Paper presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Skowron, E. A.** (2001, August). Predicting resiliency among inner-city youth: Family structure, differentiation, and connection. In M. Waldo & J. Romano (Co-Chairs), *Prevention with children: Counseling psychology innovations in system based prevention*. Symposium presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Skowron, E. A., Kozlowski, J. M., & Schmitt, T. A.** (2001, March). The role of attachment and differentiation of self in family systems of resilient, urban, children of color. In E. A. Skowron (Chair), *Research on resiliency in urban children and families*. Symposium presented at the Houston National Counseling Psychology Conference, Houston, TX.

- Skowron, E. A., Schmitt, T. A., Kozlowski, J. M., & Ramczyk, R. J.** (2001, March). *Do multigenerational family patterns predict abuse potential?* Paper presented at the Houston National Counseling Psychology Conference, Houston, TX.
- Skowron, E. A., & Ackerman, M. A.**, (2000, August). *Differentiation of self mediates academic stress and adjustment in late adolescence.* Poster presented at the annual convention of the American Psychological Association, Washington, D.C.
- Skowron, E.A.** (2000). *Examining family systems correlates of ethnic identity in late adolescence.* Poster presented at the annual convention of the American Psychological Association, Washington, D.C.
- Reinemann, D. H., Skowron, E.A., & Ackerman, M. A.**, (2000, August). *Relationships between urban family stress, social support, and children's adjustment.* Poster presented at the annual convention of the American Psychological Association, Washington, D.C.
- Skowron, E.A., & Reinemann, D. H.** (2000, June). *Psychotherapy interventions for child abuse and neglect: A meta-analysis.* Poster presented at the annual conference of the Society for Psychotherapy Research, Chicago, IL.
- Skowron, E.A., & Horn, D.L.** (1999, June). *Internalization of the therapist in long-term psychodynamic treatment of chronic schizophrenia.* Poster presented at the annual conference of the Society for Psychotherapy Research, Braga, Portugal.
- Skowron, E.A., Richard, J., & Paris, S.** (1998, August). *Predicting complementarity and similarity in marital relationships using differentiation of self.* Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Skowron, E.A.** (1998, August). Intergenerational transmission of risk and resilience in families with domestic violence. In A.L. Lieberman (Chair), *Intergenerational transmission of trauma in violent families.* Symposium presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Morrison, D. C., Cerles, L., Montaini-Klov Dahl, L., & Skowron, E. A.** (1998, August). *Prenatally drug-exposed children and their caregivers: Evaluations and Interventions.* Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Skowron, E.A., Reeves, K., & Wilson, T.** (1998, August). *Do individuals in differentiated families experience less negative life stress?* Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Skowron, E.A.** (1995, August). *Using differentiation of self to predict psychological adjustment and marital satisfaction.* Paper presented at the annual convention of the American Psychological Association, New York, NY.
- Friedlander, M.L., Heatherington, L., Johnson, B., & Skowron, E.A.** (1993, April). *Commitment-to-engage: A common change event in family therapy.* Paper presented at the 9th annual conference of the Society for the Exploration of Psychotherapy Integration, New York, NY.

Friedlander, M.L., Heatherington, L., Wildman, J., & **Skowron**, E.A. (1993, June). *What we do and don't know about the process of effective family therapy*. Paper presented at the annual convention of the Society for Psychotherapy Research, Pittsburgh, PA.

Ellis, M.V., Haase, R.F., **Skowron**, E.A., & Kaminsky, L. (1993, August). *Institutional affiliations of contributors to scholarly and professional activities in counseling psychology: 1987-1990*. Poster session presented at the annual convention of the American Psychological Association, Toronto, Ontario, Canada.

**Skowron**, E.A., & Friedlander, M.L. (1992, August). *The Differentiation of Self Inventory: Development and initial validation*. Poster session presented at the annual convention of the American Psychological Association, Washington, D.C.

**Skowron**, E.A., & Friedlander, M.L. (1992, August). A research group for student-initiated investigations: University at Albany. In J.W. Lichtenberg (Chair), *Utilizing research groups in the training of Scientist-Practitioners*. Symposium conducted at the annual convention of the American Psychological Association, Washington, D.C.

### **Invited National and International Addresses**

**Skowron, E. A.** (2015, April 17-18). Invited Keynote Speaker, Georgetown Family Center's Spring Conference on the Self and the Family and the Process of Differentiation: *Understanding Autonomic Physiology and Relationship Processes in High-Risk Families*. Washington, D.C. Other Keynote Speakers: Dr. Charles Snowdon, Bob Noone, & Mike Kerr

**Skowron, E. A.** (2013, June 21-22). Invited Keynote Speaker at the 2013 Sydney Family Systems Institute's conference: *Parenting & the Family System: Unravelling the Complexity of Child Focus*, Sydney, Australia.

**Skowron, E. A.** (2012, April). *Neurobiology of relationship processes in high risk families*. Invited presentation to the Bowen Center Spring conference, The family and the brain: An integrated circuit, Washington, D.C. Other Keynote Speakers: Drs. Bruce Ellis, Alison Fleming, Mike Kerr, Bob Noone, Dan Papero, Steve Suomi, & Paul Whalen

**Skowron, E. A.** (2011, June). Invited presentation at the 2011 Family Systems Institute's conference: *Family Emotional Process in Child Abuse: Empirical Findings*, Sydney, Australia. Keynote speaker: Dr. Walter Smith.

**Skowron, E. A.** (2010, November). Invited presentation at the 47<sup>th</sup> Annual Symposium of the Georgetown Family Center: *Parenting Processes and Children's Cardiac Physiology* Keynote speakers: Drs. Peter Stearns and Michael Kerr.

**Skowron, E. A.** (2010, October). *Parenting processes and psychological regulation in maltreating families*. Invited presentation at 2-day international conference on Stress and the Family: Widening the lens, Vancouver, British Columbia, Canada.



Keynote speakers: Drs. Bruce McEwen and Michael Kerr.

**Skowron, E. A., Van Epps, J. J., & Stokes, M. L.** (2009, May). *Does Maternal Differentiation Mediate Mother and Child Physiological Regulation?* Invited presentation at the 26<sup>th</sup> Midwest Symposium on Family Systems Theory and Therapy: The Family Emotional System: It's Influence on Behavior, Relationships, and Symptom Development.

Keynote speakers: John Cacioppo, Ph.D. & Michael E. Kerr, M.D. Chicago, IL.

**Skowron, E. A.** (2007, April). *Differentiation of self and emotion regulation: Evidence of a multigenerational process?* Invited presentation at the 2-day national conference: "Individual Variation within the Family: How Family Research and Theory Can Inform Clinical Practice." New York, New York.

Keynote speakers: Michael Kerr, M.D. & Dalton Conley, Ph.D.

**Platt, L. F., & Skowron, E. A.** (2007, April). *The Family Genogram Interview: Reliability and validity of a new interview protocol.* Invited presentation at the 2-day national conference: "Individual Variation within the Family: How Family Research and Theory Can Inform Clinical Practice." New York, New York.

Keynote speakers: Michael Kerr, M.D. & Dalton Conley, Ph.D.

**Skowron, E. A.** (2004, March). *Differentiation of self in the family system and child competence in low-income urban families.* Presentation at the 2-day international conference: The Importance of Research for Family Theory and Therapy, Vancouver, Canada.

Keynote Speakers: Michael E. Kerr, M.D. & John M. Gottman, Ph.D.

## PRESENTATIONS (Regional)

**Stormshak, E.A., McIntyre, L.L., Skowron, E.A., Khurana, A.** (2014). *University of Oregon Prevention Science Institute: Improving the lives of children and families throughout the lifespan.* Invited presentation for the University of Oregon Board of Trustees.

**Skowron, E. A.** (2006, November). *Treating Abused Children and Their Families.* Four-hour continuing education workshop conducted at The Meadows Psychiatric Center, Centre Hall, PA.

**Skowron, E. A.** (2002, October). *Attachment theory and psychotherapy.* Discussant in symposium presented at the Mid-Atlantic Chapter Meeting of the Society for Psychotherapy Research, State College, PA.

**Skowron, E.A.** (1996, April). *What we do and don't know about the process and outcome of family therapy.* Lecture conducted at the Grand Rounds of the Child and Adolescent Service, Department of Psychiatry, Langley Porter Psychiatric Institute, San Francisco, CA.

**Skowron, E.A.** (1996, March). *Family therapy: Theory and process.* Lecture conducted at the Grand Rounds of the Child and Adolescent Service, Department of Psychiatry, Langley Porter Psychiatric Institute, San Francisco, CA.

## **Fulbright Lectures – National University of Ireland, Galway**

- Skowron, E. A. (2010, May). *Enhancing development of emotion regulation in early childhood*. Inaugural lecture to academic staff and students in the structured Ph.D. in Child & Youth Research, Trinity College and National University of Ireland at Galway, Galway, Ireland.
- Skowron, E. A. (2010, May). *Introduction to Family Systems Interventions*. One-day workshop delivered to clinical staff in Child & Adolescent Mental Health Service (CAMHS) of the National Health Service Executive—West (HSE-West) and jointly sponsored by the School of Psychology, National University of Ireland at Galway, Galway, Ireland.
- Skowron, E. A. (2010, May). *Understanding parenting processes in maltreating families*. Research presentation to Senior Psychology staff in HSE-West, Woodquay, Galway, Ireland.
- Skowron, E.A. (2010, April). *Fundamentals of Grant Writing*. Lecture presented to Centre for Research on Occupational and Life Stress (CROLS) academic staff and post-graduate students.
- Skowron, E. A., (2010, April). *Communicating with Academics and Professionals from Other Disciplines*. Lecture presented in 3-day Social Sciences Post-Graduate Module on Communicating Research to Non-Specialists, National University of Ireland at Galway, Galway, Ireland.
- Skowron, E. A. (2010, March). *Introduction to family health psychology*. Lecture in “Health psychology in applied settings” module to Masters in Health Psychology program, National University of Ireland at Galway, Galway, Ireland.
- Skowron, E. A., (2010, February-March). *Introduction to Family Systems: Theory, Research, & Practice*. Three-weeks lecture series in Year 2 Developmental Psychology track for majors in Psychology and minors in Psychological Studies.
- Skowron, E. A. (2010, February). *Dyadic interactive synchrony, rupture, and repair in maltreating families*. Invited lecture in the School of Psychology Research Seminar Series, National University of Ireland at Galway, Galway, Ireland.

## **STUDENT ADVISING**

### **DOCTORAL COMMITTEES**

#### **Student Advising In-Progress**

Jessica Farrar, Counseling Psychology (Chair), University of Oregon  
 Kathleen Johnson, Counseling Psychology (Chair), University of Oregon  
 Emma Lyons, Counseling Psychology (Chair), University of Oregon  
 Jessica Norman, Counseling Psychology (Chair), University of Oregon  
 Amala Shetty, Counseling Psychology (Chair), University of Oregon

Ryan Giuliano, Cognitive Psychology (Committee Member), University of Oregon

Jessica Linscott, Counseling Psychology (Committee Member), University of Oregon  
 Christine Ngo, Counseling Psychology (Committee Member), University of Oregon  
 Leslie Roos, Clinical Psychology (Committee Member), University of Oregon

### **MASTERS STUDENTS: CFHS Prevention Science Program**

- 2013-14 Cohort (6 Masters Student Advisees)
- 2014-15 Cohort (6 Masters Student Advisees)
- 2015-16 Cohort (7 Masters Student Advisees)

### **Doctoral Dissertations**

Jessica Linscott (2016). *The Intergenerational Continuity of Child Maltreatment: An Examination of Adolescent, Young Adult, and Reproductive Risk Factors among High-Risk Women*. Doctoral Dissertation in Counseling Psychology, University of Oregon.

Ryan Robinson (2014) *Negative Health Outcomes in Men Who Have Sex with Men of Color: An Investigation of Minority Stress and Protective Factors*. Doctoral Dissertation Chaired in Counseling Psychology, University of Oregon.

Kimbree Brown (2014). *Ecological Predictors of School Service Usage and Early Academic Skills in Kindergarten Children with Developmental Disabilities and Delays*. Doctoral Dissertation in Counseling Psychology, University of Oregon.

Naomi Noble, (2014). *Adolescent self-regulation and the influence of peer victimization: Examining dynamic interactions*. Doctoral Dissertation in Counseling Psychology, University of Oregon.

Jenny Wang (2014). *Parental Autonomy Support and Emerging Adult Anxiety and Depression: Determining Direction of Effects*. Doctoral Dissertation in Counseling Psychology, University of Oregon.

Brianne Mintern (2013). *Effects of environmental, maternal, and child factors on preschoolers' emotion regulation during a frustrating task*. Doctoral Dissertation in school psychology, The Pennsylvania State University.

Petra Rovers Woehrle (2012). *Multigenerational patterns of parenting-at-risk: A test of copy process theory*. Doctoral dissertation chaired in counseling psychology, The Pennsylvania State University.

Land, Marie (2012). *Rumination as a mediator of attachment anxiety and psychological distress*. Doctoral dissertation in counseling psychology, The Pennsylvania State University.

Proctor, Stephon (2011). *The influence of social cognitive and emotional factors and disability-based discrimination in child protection workers' decisions about parents with intellectual disabilities*. Doctoral dissertation in clinical child psychology, The Pennsylvania State University.

- Cipriano, Elizabeth A. (2010). *Emotion regulation in children exposed to maltreatment: The interplay between maltreatment status, parenting quality, and temperament*. Doctoral dissertation in human development & family studies, The Pennsylvania State University.
- Shapiro, Michael (2010). *An exploration of neurophysiological and cognitive processes associated with differentiation of self*. Doctoral dissertation in counseling psychology, The Pennsylvania State University.
- Stanley, Krystal (2009). *Duplication theorem of social relationships: Does interpersonal complementarity mediate the relationship between birth order complementarity and marital adjustment?* Doctoral dissertation chaired in counseling psychology, The Pennsylvania State University.
- Hernandez-DePalma, Natalie M. (2009). *Examining the Intersection of Relational Competence, Feeding, Attitudes, and Childhood Obesity*. Doctoral dissertation chaired in counseling psychology, The Pennsylvania State University.
- Blasko, Kelly (2008). *Prototypical assessment of same-sex and opposite-sex intimate partner violence using a control-based typology*. Doctoral dissertation in counseling psychology, The Pennsylvania State University.
- Platt, Lisa F. (2008). *The family genogram interview: Reliability and validity of a new interview protocol*. Doctoral dissertation chaired in counseling psychology, The Pennsylvania State University.
- Keller, Brian D. (2006). *Beyond individual differences: The role of differentiation of self in predicting the career exploration of college students*. Doctoral dissertation in counseling psychology, The Pennsylvania State University.
- Murphy, Anne T. (2004). *Dimension of Perfectionism in Dual-Role Women: Implications for Psychological Distress*. Doctoral dissertation in counseling psychology, The Pennsylvania State University.
- Franze, Sarah (2003). *Perfectionism as a mediator between parent-child interactions and attachment style in adult romantic relationships*. Doctoral dissertation in counseling psychology, The Pennsylvania State University.

### **Doctoral Student Honors and Awards**

Elizabeth Cipriano-Essel, Ph.D.

- 2006-2008 NIMH Early Childhood Mental Health Training Grant – Pre-doctoral trainee
- 2012 NICHD R25 Building Careers for Research in Child Maltreatment and Intimate Partner Violence: Early Career Scholar Interdisciplinary Training Program Post-doctoral trainee (PI's Jonson-Reid, M., Runyan, C., Hargarten, S.)

Jake Van Epps

- 2008-10 Bowen Center for the Study of the Family –Fellowship for Postgraduate Training
- 2008 APA Division 43 (Family Psychology) Outstanding Student Research Award

Natalie Hernandez DePalma, Ph.D.

- 2007 APA Division 17 (Counseling Psychology) Prevention Section Dissertation Research Grant

Lisa Platt, Ph.D.

- 2007 APA Randy Gerson Grant

### **Select Penn State Undergraduate Research Advisees & Postgraduate training**

Kristina Casaletto (Psychology)

- Social Work masters program, Columbia University

Merritt Gallo (Psychology)

- School Counseling masters program, Vanderbilt University

Sarah Gold (Communication Disorders)

- Speech & Language Therapy masters program, George Washington University

Nicole Marie Jahoda (Psychology)

- Teach for America, Elementary Education, Miami, Florida
- Masters in Counseling, University of Miami

Alissa Nezmer (Psychology & Advertising)

- Community Counseling masters program, Boston College

Lauren Oselinsky (Human Development and Family Studies)

- Gerontology masters program, Marywood University

Anisha Pandey (Psychology)

- M.S Marriage and Family Counseling , Seton Hall University

Marquita Stokes (Magna Cum Laude, Psychology)

- Clinical Psychology doctoral program, Northwestern University

Danielle Vigna (Psychology)

- M.S Occupational Therapy, Columbia University

Jessica Villanueva (Psychology)

- Ed.M. Psychological Counseling: Mental Health Counseling, Columbia University

### **Professional Service: State, National & International**

2014 to present      **State of Oregon Alcohol and Drug Policy Commission**  
Member, Prevention Committee

2010 – 2013      **Fulbright Scholar Program, Council for International Exchange of Scholars (CIES)**  
Member, Regional Fulbright Review Panel for Ireland/Netherlands

### **Scientific Review Groups**

2015-2021      Standing Member, *Psychosocial Development, Risk, and Prevention (PDRP)*  
Study Section, National Institutes of Health (*February, June, & October Review*)

June 28, 2016      Member, *National Institute of Health Special Panel* (NIH ZRG1 PDRP G 09  
Study Section)

July, 2016      Member, *National Institute of Health Special Panel 2016/08 ZHD1 DSR-A (50)*  
**1 P50 Capstone RFA**

- April, 2016 *Israeli Science Foundation*, Grant Reviewer  
Israel's leading organization for supporting basic research grants in sciences and technology, life sciences and medicine, humanities and social sciences – at institutions for higher education, research institutions or hospitals.
- June 5-6, 2014 Member, *Centers for Disease Control National Center for Injury Prevention Special Emphasis Panel* (2014/05 ZCE1 DYB (02) R) Study Section,
- Feb., Oct. 2014, Feb., June 2015 Ad Hoc Member, *Psychosocial Development, Risk, and Prevention (PDRP)* Study Section, National Institutes of Health
- Feb., 2009 External Reviewer, *Social Sciences and Humanities Research Council of Canada*
- June 14-16, 2004 Member of the *National Institute of Mental Health Special Emphasis Panel* (ZRG1 RPHB-B 50R) Study Section

### **Editorial Board Service**

#### Active

Consulting Editor

(2011–present)

Ad Hoc Reviewer:

*Couple & Family Psychology: Research and Practice*

*Child Abuse & Neglect*

*Child Development*

*Child Maltreatment*

*Developmental Psychobiology*

*Group Dynamics: Theory, Research, & Practice*

*Journal of Educational Psychology*

*Journal of Child Psychology and Psychiatry*

*Journal of Counseling Psychology*

*Journal of Family Psychology*

*Journal of Marital and Family Therapy*

*Psychophysiology*

*Training & Education in Professional Psychology*

#### Completed

Editorial Board Member

(2012 - 2015)

*Counselling Psychology Quarterly*

(2008 - 2011)

*The Counseling Psychologist*

(2005 - 2009)

*Psychotherapy: Theory, Research, Practice, & Training*

(2004 – 2008)

*Psychotherapy Research*

(2001-2005)

*Journal of Counseling Psychology*

### **APA Division 43: Family Psychology**

2008 *Chair*, Program Committee, American Psychological Association Convention, Boston, MA

2007 *Chair*, Hospitality Suite, American Psychological Association Convention, San Francisco, CA

**APA Division 17: Counseling Psychology**

- (2007-09) *Member*, Professional Awards Committee
- *Chair*, Lifetime Achievement in Mentoring in Counseling Psychology Awards Committee
  - *Co-Chair*, Special Task Group on “Passing the Baton”
- (2006-07) *Member*, Presidential Task force on Mentoring
- (2006-2010) *Member*, APA Convention Program Committee
- (2002-2004) *Treasurer*, Section on Prevention
- (2001-2005) *Member*, Task Force to Develop Guidelines for Psychotherapy with Women, APA Divisions 17 & 35
- *Chair*, Work Group on Clinical Interventions with Girls & Women
- (2001-2003) *Division 17 Liaison*, APA Public Interest Directorate’s ACT against Violence initiative
- (2001) *Program Chair*, Prevention Section Program, Houston National Conference on Counseling Psychology
- (2000-2003) *Member*, APA Convention Program Committee
- (1998-2001) *Member*, Division Membership Committee
- (1998-2005) *Approved Site Visitor*, American Psychological Association Committee on Accreditation

**University of Oregon**

- 2016-2017 *Member*, University Ombuds Committee
- 2016-2018 *Member*, University Faculty Advisory Committee
- 2015-2017 *Member*, Intercollegiate Athletics Committee
- 2014-15 *Co-Chair*, University Scholarships Committee
- 2014 *Member*, Vice President & Assistant Provost for Graduate Education Search Committee
- 2013-14 *Member*, University Scholarships Committee
- 2012-present *Research Scientist*, Child & Family Center, Prevention Science Institute

**College of Education**

- 2015-present *Member*, Dean’s Faculty Advisory Council
- 2015-16 *Member*, Department of Educational Methodology, Policy, and Leadership “Clinical Trials Methodologist” Search Committee
- 2015-16 *Member*, Research Methods in Graduate Training Subcommittee, College Curriculum Committee

2015 *Member*, College of Education Dean's Curricular Innovation Focus Group  
2014-present *Member*, College of Education Faculty, Staff, and Student Awards Committee



### **Department of Counseling Psychology & Human Services**

- 2014-2015 *Member, Program Directors' Council*  
 2012-2016 *Faculty Director, Graduate Specialization in Prevention Science*  
 2013-2016 *Admissions Coordinator, Prevention Science*  
 2012-present *Core Faculty, APA-accredited Ph.D. program in Counseling Psychology*

### **Pennsylvania State University**

- 2011-2012 *Social Sciences Research Institute: Steering Committee Member*  
 2008-2009 *McNair Program Faculty Mentor: Faculty research mentor for undergraduate African-American students awarded McNair Scholarship*  
Marquita Stokes (2008): Psychology; Graduated Magna Cum Laude, 2009; enrolled in Ph.D. Clinical Psychology program, Northwestern University.  
Chelsie White (2009): HDFS, enrolled in Health Policy Administration masters program, Penn State University.
- 2010 *Summer Research Opportunities Program (SROP). Faculty research mentor for undergraduate minority students.*  
Alex Liu (2010): undergraduate pre-medicine student at San Diego State University and ***2011 Exemplary SROP Scholar at the Pennsylvania State University***, for outstanding summer research conducted under my direction in the Family Systems Lab. Award sponsored by the National Center for Institutional Diversity (NCID) in partnership with the Committee on Institutional Cooperation (CIC)
- 2006-2012 *Faculty Affiliate, Penn State Child Study Center*  
 2001-2012 *Member, Penn State Children, Youth, and Families Consortium*

### **College of Education**

- 2010-2011 *Member, Dean's Advisory Committee*  
 2008-2009 *Member, College Research Initiation Grants (RIG) Award Committee*  
 2007-2008 *Member, Associate Dean for Research, Graduate Studies, and Faculty Development Search Committee*  
 2004-2005 *Chair, Faculty, Staff, & Student Concerns Committee*  
 2003-2006 *Member, Faculty Council*  
 2003-2004 *Vice-Chair, Faculty, Staff, and Student Concerns Committee*  
 2003-2005 *Member, College Curricular Affairs Committee*  
 2001-2003 *Member, Research Committee of Faculty Council*

### **Department of Counselor Education, Counseling Psychology, and Rehabilitation Services**

- 2007-2011 *Member, Promotion & Tenure Committee*  
 2009-2012 *Member, Student Scholarship Selection Committee*  
 2008 *Member, Lead Administrative Assistant Search Committee*  
 2005-2006 *Member, Counselor Education Faculty Search Committee*  
 2005-2006 *Member, Department Climate Committee*  
 2003-2005 *Chair, Curriculum Committee*

2002            *Member, Practicum Steering Committee*

**APA-accredited Doctoral Program in Counseling Psychology**

2007-2009    *Professor-in-Charge (i.e., Training Director)*

2004-2007    *Coordinator, Doctoral Admissions*

2001-2011    *Member, Doctoral Admissions Committee*

2004-2005    *Member, Counseling Psychology Faculty Search Committee*

2004-2006    *Coordinator, Practica Training in Counseling Psychology*

2003-05 & 2011-12    *Coordinator, Doctoral Comprehensive Exams*

2001-2003    *Editor, Counseling Psychology Program Handbook*

**PROFESSIONAL AFFILIATIONS**

*Member, American Psychological Association*

*Member, Society for Research in Child Development (SRCD)*