### CURRICULUM VITAE ALLISON S. CARUTHERS

# Prevention Science Institute

University of Oregon 70 NW Couch St., Suite 242A Portland, OR 97209 (503) 412-3770 (work)/ (503)709-6075 (cell) ascaru@uoregon.edu

# **EDUCATION**

Ph.D.	University of Michigan, Ann Arbor, MI, August, 2005 Major: Developmental Psychology Advisor: L. Monique Ward, Ph.D.
M.A.	University of Michigan, Ann Arbor, MI, December, 2002 Major: Developmental Psychology Advisor: L. Monique Ward, Ph.D.
M.A.	The College of William and Mary, Williamsburg, VA, May, 1999 Major: Psychology Advisor: Erika L. Rosenberg, Ph.D.
B.A.	Wake Forest University, Winston-Salem, NC, May, 1997 Majors: Psychology and English Cum laude

# **PROFESSIONAL EXPERIENCE**

2022 – present	<b>Portland Projects Director, Senior Research Associate II</b> , Prevention Science Institute, University of Oregon, Portland, OR
	In this role I collaborate with principal investigators to plan and implement research on family-based intervention strategies and contextual factors affecting child development. I develop research protocols, assessments, and recruitment strategies, hire and train staff, oversee data collection, and monitor adherence to research protocols, timelines, and budgets. I develop Portland-area community partnerships and contribute scientific writing to manuals, grant proposals, and research reports.
2013 - 2022	<b>Project Director, Senior Research Associate I</b> , Prevention Science Institute, University of Oregon, Portland, OR
2006 - 2013	<b>Project Director, Research Associate</b> , Prevention Science Institute, University of Oregon, Portland, OR
2008	Adjunct Faculty, Graduate School of Education and Counseling, Lewis and Clark College
2005- 2006	Visiting Assistant Professor, Department of Psychology, Reed College
2000- 2005	Graduate Research Assistant, Department of Psychology, University of Michigan
2000- 2004	Graduate Student Instructor, Department of Psychology, University of Michigan

- 1999-2000 Lab Manager, Sex and Media Research Lab, Department of Psychology, University of Michigan
- 1997-1999 Teaching Assistant, Department of Psychology, The College of William and Mary

# CERTIFICATIONS

- Social-Behavioral-Education Researchers. CITI Program. Issued December 2022; Expires December 2024.
- GCP-Social and Behavioral Research Best Practices for Clinical Research. CITI Program. Issued September 2022; Expires September 2025.
- Human Subjects Research-Social and Behavioral Research Investigators. CITI Program. Issued August 2021; Expires August 2024.
- Human Subjects Research-Good Clinical Practice and ICH. CITI Program. Issued August 2021; Expires August 2024.

### TRAININGS

- University of Oregon Leadership Academy, 2023-2024 Academic Year. Each year, a cohort of 30 mid- and senior-level administrative and academic leaders are selected through a competitive application process to participate in an 11-session leadership development program designed to develop administrators and faculty who feel empowered to address complex challenges across campus. Topics include: transformational leadership; strengths-based leadership; leading through a lens of diversity, equity, and inclusion; critical dialogues and conflict resolution; and leading through uncertainty, ambiguity, and change.
- University of Oregon Search Advocate Training, November 2021. Search advocates are external committee members on a search committee who serve as a "process advisor" and explore assumptions, norms, and practices that an internal member might not question. This 4-day training covers the ways in which bias might creep into each step of the search process (i.e., position development, recruitment, screening, interviews, reference checks) and procedures to mitigate its effects.

#### **PROJECTS**

- 2023 present Preventing School Exclusion and Opioid Misuse: Effectiveness of the Inclusive Skill-Building Learning Approach (ISLA). Principal Investigator: Rhonda Nese. Funded by National Institute on Drug Abuse (1R01DA059401-01). Role: Mentor to Project Coordinator.
- 2022 present Investigating the Impacts of COVID-19 School Closures on Long-Term Adjustment in Youth With or At-Risk for Disability. Principal Investigators: Laura Lee McIntyre, Dave DeGarmo, and Camie Neece. Funded by The Eunice Kennedy Shriver National Institute of Child Health and Human Development (1R01HD108887-01). Role: Project Director.
- 2022 present Preventing Emotional and Behavioral Problems in Middle School Youth at Risk of Disability After the Covid-19 Pandemic with the Family Check-Up Online. Principal Investigators: Beth Stormshak and Arin Connell. Funded by Institute of Education Sciences (R324X220003). Role: Project Director.

- 2021 present *Rural Families Affected by Opioid Use: An Online Parenting Intervention.* Principal Investigator: Beth Stormshak. Funded by the National Institute on Drug Abuse (1P50DA048756). Role: Project Director.
- 2020 2023 FCU to Prevent Mental Health Problems in Response to Covid-19 Pandemic (Supplement: Long-term effects of the Family Check-Up on Depression and Suicide Across Trials and Development.) Principal Investigator: Arin Connell. Co-Investigator: Beth Stormshak. Funded by the National Institute of Mental Health (3R01MH122213-01S1). Role: Project Director.
- 2018 present Family-Centered Intervention in Schools to Reduce Social and Behavioral Problems from Early Elementary School to Adolescence. Principal Investigators: Beth Stormshak and Laura Lee McIntyre. Funded by Institute of Education Sciences (R324A180037). Role: Project Director.
- 2018 2023 Testing the Efficacy of Mindfulness-Based Stress Reduction Combined with Behavioral Parent Training in Families with Preschoolers with Developmental Delay (AKA The PRO-Parenting Project). Principal Investigator: Laura Lee McIntyre. Funded by the Eunice Kennedy Shriver National Institute on Child Health and Human Development (HD093661). Role: Project Director for Portland site.
- 2018 2022 *Nashville Longitudinal Study of Youth Safety and Wellbeing*. Principal Investigator: Maury Nation. Funded by the National Institute of Justice (2016-CK-BX-K002). Role: Data Archiving team lead.
- 2015 2020 *Prevention of Substance Use in At-risk Students: A Family-centered Web Program.* Principal Investigator: Beth Stormshak. Funded by the National Institute on Drug Abuse (DA 037628). Role: Project Director.
- 2015 2017 *The Family Check-Up Online: Support for Middle School Families in Rural Oregon.* Principal Investigator: Beth Stormshak. Funded by the Ford Family Foundation. Role: Project Director.
- 2014 2018 Testing the Efficacy of an Ecological Approach to Family Intervention and Treatment During Early Elementary School to Prevent Problem Behavior and Improve Academic Outcomes. Principal Investigator: Beth Stormshak. Funded by Institute of Education Sciences (R305A140189). Role: Project Director.
- 2012 2017 *Parenting to Prevent Substance Use In Late Adolescence*. Principal Investigator: Beth Stormshak. Funded by the Eunice Kennedy Shriver National Institute of Child Health and Human Development (HD 075150). Role: Project Director.
- 2012 2015 *Relationship Dynamics and Young Adult Drug Use and Abuse*. Principal Investigator: Tom Dishion. Funded by National Institute on Alcohol Abuse and Alcoholism (AA 022071). Role: Project Director.
- 2011 2015 *Development, Ecology, and Prevention of Adult Addictive Behavior*. Principal Investigator: Tom Dishion. Funded by National Institute on Drug Abuse (DA 007031). Role: Project Director.

- 2008 2011 *A Family Intervention to Prevent Child Maltreatment*. Principal Investigator: Beth Stormshak. Funded by Centers for Disease Control and Prevention (CE 001389). Role: Project Director.
- 2006 2011 *Understanding and Preventing Early Adult Drug Abuse*. Principal Investigator: Tom Dishion. Funded by National Institute on Drug Abuse (DA 007031). Role: Project Director.
- 2006 2011 *A Family Intervention for Adolescent Problem Behavior*. Principal Investigator: Beth Stormshak. Funded by National Institute on Drug Abuse (DA 018374). Role: Project Director.

# HONORS, AWARDS, FELLOWSHIPS, AND GRANTS

2018	Outstanding Accomplishment NTTF Research Support Award, University of Oregon
2013 - 2015	<i>Relationship Dynamics and Young Adult Drug Use and Abuse.</i> Principal Investigator: Tom Dishion; <b>Subcontract Principal Investigator: Caruthers</b> . Funded by National Institute on Alcohol Abuse and Alcoholism (AA 022071). Prevention Science Institute, Univ. of Oregon, Portland, OR
2013 - 2015	<i>Development, Ecology, and Prevention of Adult Addictive Behavior</i> . Principal Investigator: Tom Dishion; <b>Subcontract Principal Investigator: Caruthers</b> . Funded by National Institute on Drug Abuse (DA 007031). Prevention Science Institute, Univ. of Oregon, Portland, OR
2005	Rackham One-Term Dissertation Fellowship, University of Michigan
2004	Dissertation Thesis Grant, Department of Psychology, University of Michigan
2004	Barbara Perry Roberson Summer Research Fellowship, Department of Psychology, University of Michigan
2003	Barbara Perry Roberson Summer Research Fellowship, Department of Psychology, University of Michigan
2003	University of Michigan/ Rackham Graduate School Teaching Fellow
2003	Nominated for Outstanding Graduate Student Instructor Award, University of Michigan
2002	Travel Grant, Rackham Graduate School, University of Michigan
2000-2001	Pre-Doctoral Traineeship, National Institutes of Health
2000	Developmental Area Summer Research Grant, Dept. of Psychology, University of Michigan
1997	Cum laude, Wake Forest University, Winston-Salem, NC
1996-1997	Spires Grant for Faculty-Student Collaborative Research Projects, Wake Forest University, Winston-Salem, NC

### **RESEARCH INTERESTS**

My research interests are broad, but unifying themes include adolescent development, social ecology, and prevention (or reduction) of risk behavior. For nearly two decades I have facilitated research on family-centered intervention. In this domain, I am particularly interested in adapting evidence-based intervention programs to ease implementation and increase program uptake in diverse contexts, settings, and populations.

#### PUBLICATIONS (listed in reverse-chronological order)

- Stormshak, E. A., DeGarmo, D., Garbacz, S. A., McIntyre, L., & Caruthers, A. (2021). Using motivational interviewing to improve parenting skills and prevent problem behavior during the transition to kindergarten. *Prevention Science*,1-11. https://doi.org/ 10.1007/s11121-020-01102-w NIHMS1050755.
- Stormshak, E., DeGarmo, D., Chronister, K. M., Caruthers, A., Stapleton, J., & Falkenstein, C. (2019). The impact of substance use during middle school and young adulthood on parent-young adult relationships. *Journal of Family Psychology*, 33 (7), 797-808. https://doi.org/10.1037/fam0000549. PMID: 31318272; PMCID: PMC6776689.
- Stormshak, E., Caruthers, A., Chronister, K., DeGarmo, D., Stapleton, J., Falkenstein, C., DeVargas, E., & Nash, W. (2019). Reducing risk behavior with family-centered prevention during the young adult years. *Prevention Science*, 2 (3),321-330. https://doi.org/10.1007/s11121-018-0917-2 PubMed PMID: 29951974; PubMed Central PMCID: PMC6310108.
- Stormshak, E. A., Caruthers, A. S., Gau, J., & Winter, C. (2019). The impact of recreational marijuana legalization on rates of use and behavior: A 10-year comparison of two cohorts from high school to young adulthood. *Psychology of Addictive Behaviors*, 33(7), 595-602. https://doi.org/10.1037/adb0000508 PubMed PMID: 31424245; PubMed Central PMCID: PMC6856398.
- Stormshak, E. A., Seeley, J. R., Caruthers, A. S., Cardenas, L., Moore, K. J., Tyler, M. S., Fleming, C. M., Gau, J., & Danaher, B. (2019). Evaluating the efficacy of the Family Check-Up Online: A school-based, ehealth model for the prevention of problem behavior during the middle school years. *Development and Psychopathology*, 31(5), 1873-1886. https://doi.org/10.1017/S0954579419000907 PubMed PMID: 31407644.
- Danaher. B., Seeley, J., Stormshak, E., Tyler, M., Caruthers, A. Moore, K., & Cardenas., L. (2018). The Family Check-Up Online Program for parents of middle school students: Protocol for a randomized controlled trial. *JMIR Research Protocols*, 7 (7), e11106. doi:10.2196/11106
- Stormshak, E., DeGarmo, D., Chronister, K., & Caruthers, A. (2018). The impact of family-centered prevention on self-regulation and subsequent long-term risk in emerging adults. *Prevention Science*, 19 (4), 549-558. doi:10.1007/s11121-017-0852-7
- Ha, T., Kim, H., Christopher, C., Caruthers, A., & Dishion, T. J. (2016). Predicting sexual coercion in early adulthood: The transaction among maltreatment, gang affiliation, and adolescent socialization of coercive relationship norms. *Development and Psychopathology*, 28, 707-720. doi:10.1017/S0954579416000262
- Caruthers, A. S., Van Ryzin, M., & Dishion, T. J. (2014). Preventing high-risk sexual behavior in early adulthood with family interventions in adolescence: Outcomes and developmental processes. *Prevention Science*, 15 (Suppl 1), 59-69. doi:10.1007/s11121-013-0383-9
- Fosco, G. M., Caruthers, A.S., & Dishion T. J. (2012). A six-year predictive test of adolescent family relationship quality and effortful control pathways to emerging adult social and emotional health. *Journal of Family Psychology, 26* (4), 565-575. doi:10.1037/a0028873
- Walsh, J. L., Ward, L. M., Caruthers, A., & Merriwether, A. (2011). Awkward or amazing: Gender and age trends in first intercourse experiences. *Psychology of Women Quarterly*, 35 (1), 59-71. doi:10.1177/0361684310387781

- Ward, L. M., Epstein, M., Caruthers, A., & Merriwether, A. (2011). Men's media use, sexual cognitions, and sexual risk behavior: Testing a meditational model. *Developmental Psychology*, 47 (2), 592-602. doi:10.1037/a0022669
- Curtin, N., Ward, L. M., Merriwether, A., & Caruthers, A. (2011). Femininity ideology and sexual health in young women: A focus on sexual knowledge, embodiment, and agency. *International Journal of Sexual Health*, 23,(1), 48-62. doi: 10.1080/19317611.2010.524694
- Stormshak, E. A., Connell, A. M., Véronneau, M.-H., Myers, M. W., Dishion, T. J., Kavanagh, K., & Caruthers, A. S. (2011). An ecological approach to promoting early adolescent mental health and social adaptation: Family-centered intervention in public middle schools. *Child Development*, 82 (1), 209-225. doi:10.1111/j.1467-8624.2010.01551.x
- Ward, L. M., Merriwether, A., & Caruthers, A. (2006). Breasts are for men: Media use, masculinity ideology, and men's beliefs about women's bodies. *Sex Roles*, 55 (9-10), 703-714. doi: 10.1007/s11199-006-9125-9
- Schooler, D., Ward, L. M., Merriwether, A., & Caruthers, A. (2005). Cycles of shame: Menstrual shame, body shame, and sexual decision-making. *Journal of Sex Research*, 42 (4), 324-334. doi: 10.1080/00224490509552288
- Smiler, A., Ward, L. M., Caruthers, A., & Merriwether, A. (2005). Pleasure, empowerment, and love: Factors associated with a positive first coitus. *Sexuality Research and Social Policy*, 2 (3), 41-55. doi:10.1525/srsp.2005.2.3.41
- Caruthers, A. S. (2005). "Hookups" and "friends with benefits": Nonrelational sexual encounters as contexts of women's normative sexual development. Unpublished doctoral dissertation, University of Michigan, Ann Arbor.
- Schooler, D., Ward, L. M., Merriwether, A., & Caruthers, A. (2003). Who's that girl: Television's role in the body image development of young White and Black women. *Psychology of Women Quarterly*, 28 (1), 38-47. doi:10.1111/j.1471-6402.2004.00121.x
- Stone, E. R., Yates, A., & Caruthers, A. S. (2002). Risk taking in decision making for others versus the self. *Journal of Applied Social Psychology*, 32 (9), 1797-1824. doi:10.1111/j.1559-1816.2002.tb00260.x
- Caruthers, A. S. (2002). *Mixed messages: The divergent nature of sexual communication received from parents, peers, and the media.* Unpublished master's thesis, University of Michigan, Ann Arbor.
- Ward, L. M., & Caruthers, A. S. (2001). Media influences. *Encyclopedia of Women and Gender, Volume Two* (pp.687-701). San Diego, CA: Academic Press.
- Caruthers, A. S. (1999). *The emotional consequences of exposure to sexual orientation inappropriate humor on television comedies.* Unpublished master's thesis, The College of William and Mary.

#### **MEDIA ATTENTION**

Baxter, S. (2004, October 10). "Hookup" gives US a cooler sex life. The London Times, pp. 1/29.

Cooper, C. J. (2004, December 5). Hooking up is harmless, isn't it? The (Bergen) Record.

Jayson, S. (2007, February 15). What's up with hookups? USA Today, 10D.

McGinn, D. (2004, October 4). Mating behavior 101. Newsweek, 144 (14), 44-45.

#### **INVITED ADDRESSES**

- Caruthers, A. S. (2018, October). "Family-centered prevention to reduce problem behavior." Invited address. Lunch and Learn Series sponsored by the Vice Provost's Office and UO Portland, Portland, OR.
- Caruthers, A. S. (2005, June). "Hooking up 101: College sex with no strings attached." Invited address. Congress on Women's Health sponsored by Journal of Women's Health and University of South Florida School of Medicine, Hilton Head, SC.

#### **CONFERENCE PRESENTATIONS** (listed in reverse-chronological order)

- Stormshak, E. A., Caruthers, A. S., & Chronister, K. (2017, May-June). *Family-centered prevention during the emerging adult years to reduce risk and support healthy adult adjustment*. Paper presented at the Society for Prevention Research annual meeting, Washington, D.C.
- Stormshak, E. A., Caruthers, A., Chronister, K., & Rabinovitch, S. (2015, March). *Developmental consequences of adolescent substance use across the transition to adulthood.* Paper presented at the biennial conference for the Society for Research in Child Development, Philadelphia, PA.
- Caruthers, A., & Van Ryzin, M. (2011, April). *Effects of a family-centered intervention on family conflict and risky adolescent sexual behavior*. Paper presented at the annual meeting of the Western Psychological Association, Los Angeles, CA.
- Fosco, G., Caruthers, A., & Dishion, T. (2011, March). *Family foundations of self-regulation: Projections into early adulthood*. Paper presented at the biennial meeting of the Society for Research in Child Development, Montreal, Quebec, Canada.
- Stormshak, E. A., Connell, A. M., Dishion, T. J., Kavanagh, K., & Caruthers, A. S. (2010, March). A familycentered intervention to reduce substance use during the middle school years. Paper presented at the biennial meeting of the Society for Research on Adolescence, Philadelphia, PA.
- Caruthers, A., Connell, A., & Dishion, T. (2009, May). *Mechanisms linking engagement in family-centered intervention to reductions in number of adolescent sexual partners*. Paper presented at the annual meeting of the Society for Prevention Research, Washington, D. C.
- Dishion, T., Caruthers, A., Myers, M., & Veronneau, M. H. (2008, May). *Premature autonomy and early adulthood: Drug use and deviant peers and the disruption of adult adaptation*. Paper presented at the annual meeting of the Society for Prevention Research, San Francisco, CA.
- Caruthers, A., Connell, A., & Dishion, T. (2008, March). *An adaptive approach to family-centered intervention: Linking intervention engagement to reductions in risky sexual behavior*. Poster session presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL.
- Caruthers, A. S. (2007, February). *Why relate? Motives and meanings of women's hookups.* Paper presented at the Third Conference on Emerging Adulthood, Tucson, AZ.
- Caruthers, A. S. (2005, June). "Hooking up 101: College sex with no strings attached." Invited address. Congress on Women's Health sponsored by Journal of Women's Health and University of South Florida School of Medicine, Hilton Head, SC.

Caruthers, A. S. (2005, February). "Hookups" and "friends with benefits": Pattern of nonrelational

sexual behavior and the "sexually healthy" emerging adult woman. Paper presented at the Second Conference on Emerging Adulthood, Miami, FL.

- Caruthers, A. S. (2004, March). *The emotional dynamics of mother/ daughter communication about romantic relationships and sexuality*. Paper presented at the Society for Research on Adolescence, Baltimore, MD.
- Caruthers, A. S., & Ward, L. M. (2002, April). *Mixed messages: The divergent nature of sexual communication received from parents, peers, and the media.* Paper presented at the Society for Research on Adolescence, New Orleans, LA.
- Caruthers, A. S. (2002, April). *Contributions of early sexual communication to sexual status, satisfaction, and emotional well-being*. Poster presented at the biennial meeting of the Society for Research on Adolescence, New Orleans, LA.
- Caruthers, A. S., & Ward, L. M. (2001, October). "Just be careful": Contributions of sexual communication from parents, peers, and the media to sexual risk-taking in adolescence and emergent adulthood. Poster presented at the biennial meeting of the Society for the Study of Human Development, Ann Arbor, MI.
- Caruthers, A. S. (2000, March). *The emotional consequences of exposure to sexual orientation inappropriate humor*. Poster session presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL.
- Caruthers, A. S., Jenkins, W., Reid, A., & Solomon, J. (2000, March). From titillation to sexual orientation: The changing nature of television's sexual content through the 90s. Paper presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL.
- Caruthers, A. S., & Dubas, J. S. (1998, October). *Older adolescents and television: Comprehension of implicit and explicit sexual humor*. Poster session presented at the Multidisciplinary Conference on Adolescent Health and Sexuality, Tucson, AZ.

#### SENIOR THESES SUPERVISED (listed in alphabetical order)

Blodgett, E. G. (2006). Women and sexuality in the health care setting. Senior thesis, Reed College.

- Deen, M. C. (2006). *Hookups and women's social, psychological, and sexual health in college.* Senior thesis, Reed College.
- Ungerecht, M. E. (2006). Gendered power relations and condom use in heterosexual relationships: A critique of the Theory of Reasoned Action. Senior thesis, Reed College.

#### **TEACHING EXPERIENCE**

Adjunct Instructor, Lewis and Clark College, Graduate School of Education and Counseling Adolescent Development, Learning, and Exceptionality: Summer '08

### Visiting Assistant Professor, Reed College Developmental Psychology: F'05 Gender and Sexuality: F'05 Introduction to Psychology: Sp'06 Children and the Media: Sp'06

Graduate Student Instructor, University of Michigan

Introduction to Developmental Psychology: W'04 (L. M. Ward, instructor) Advanced Lab in Developmental Psychology: F'02, W'03 (J. Myers, instructor) Introduction to Psychology: W'00, W'02 (A. Merriwether, instructor)

Teaching Assistant, The College of William and Mary

Introduction to Research Methods: F'97, F'98, Sp'99 (E. Rosen, R. Harcum, instructors) Intro. to Psychology As a Social Science: F'97, F'98, Sp'99 (E. Rosen, C. Pilkington, instructors) Intro. to Psychology as a Natural Science: Sp'98 (J. Crystal, instructor) Research in Developmental Psychology: Sp'98 (J. Dubas, instructor) Behavior Modification: Su'98 (L. Ventis, instructor)

#### **PROFESSIONAL SERVICE ACTIVITIES**

- 2007- present Ad hoc Reviewer for International Journal of Sexual Health, Journal of Adolescence, Journal of Social and Personal Relationships, Men and Masculinities, Psychology of Women Quarterly, Sex Roles, Sexuality Research and Social Policy, Social Service Review, Social Work in Health Care
- 2022- present UO Portland Research Committee Chair, UO Portland
- 2021-present Search Advocate, University of Oregon
- 2021 present Portland Community Engagement committee, UO Portland
- 2021 Search Chair for Outreach Coordinator position, Prevention Science Institute, University of Oregon
- 2021 **Promotion Review Committee**, Prevention Science Institute, University of Oregon
- 2019 **Judge**, Behavioral Science category of the Northwest Science Expo (a metro-Portland area high school science fair)
- 2018-2019 UO Police Officer Community Interview Panel, UO Portland
- 2018-2019 UO Police Sergeant Community Interview Panel, UO Portland
- 2018- present **Inclusion Advisory Council** (engages school community in dialogue about importance of equity and inclusion work), Oregon Episcopal School
- 2018 present UO-Portland Research Committee, UO Portland
- 2018- 2019 Inquiry and Impact Strategic Framework Initiative Leader, UO Portland
- 2017 **Promotion Review Committee**, Prevention Science Institute, University of Oregon
- 2016- present UO Portland Collaborative, UO Portland
- 2013-2015 Staff Council, Prevention Science Institute, University of Oregon
- 2012 present Program Director, UO Portland

- 2004-2005 **Co-Facilitator of Teen Council**, Planned Parenthood of the Columbia/ Willamette, Salem, OR
- 2004 Clinic Volunteer, Planned Parenthood of the Columbia/ Willamette, Beaverton, OR
- 2002-2003 Student Representative to the Faculty, University of Michigan
- 2002-2003 Preliminary Exam Reform Committee, University of Michigan
- 2001-2002 Chair of Developmental Student Organization, University of Michigan
- 2001-2002 Graduate Curriculum Committee, University of Michigan
- 2000- 2001 Co-Chair of Developmental Psychology Recruitment Committee, University of Michigan