

# CURRICULUM VITAE

**Nichole R. Kelly, PhD**  
**Evergreen Associate Professor**  
**University of Oregon**  
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## Education

**Postdoctoral Research Fellowship**, Behavioral Health Psychology, August 2013-2016  
Uniformed Services University and National Institutes of Health (NIH), Bethesda, MD  
**Doctor of Philosophy**, Counseling Psychology, August 2013  
Virginia Commonwealth University, Richmond, VA  
**Bachelor of Arts**, Psychology, May 2004  
University of Virginia, Charlottesville, VA

## Current Positions

**2021-present Evergreen Associate Professor**, Department of Counseling Psychology and Human Services, and Prevention Science, College of Education, University of Oregon, Eugene, OR  
**2016-present Faculty Member**, Prevention Science Institute, University of Oregon, Eugene, OR  
**2020-present Associate Member**, Phil and Penny Knight Campus for Accelerating Scientific Impact, University of Oregon, Eugene, OR

## Previous Positions

**2016-2021 Evergreen Assistant Professor**, Department of Counseling Psychology and Human Services, and Prevention Science, College of Education, University of Oregon, Eugene, OR  
**2013-2020 Research Collaborator**, Section on Growth and Obesity, *Eunice Kennedy Shriver* National Institute of Child Health and Human Services, National Institutes of Health, Bethesda, MD  
**2013-2016 Postdoctoral Research Fellow**, Department of Medical and Clinical Psychology, Uniformed Services University of Health Sciences, Bethesda, MD  
**2012-2013 Clinical Psychology Intern**, Clement J. Zablocki VAMC, Milwaukee, WI  
**2010-2011 Neuropsychological Research Assistant**, Henry M. Jackson Foundation for the Advancement of Military Medicine, Defense and Veterans Brain Injury Center, Hunter Holmes McGuire VAMC, Richmond, VA  
**2007-2012 Graduate Research Assistant, Study Coordinator**, Department of Psychology, Virginia Commonwealth University, Richmond, VA  
**2006-2007 Internal Coordinator**, Katrina Program, Austin Area Urban League, Austin, TX  
**2004-2005 Postbaccalaureate Research Assistant**, Early Steps Program, University of Virginia, Charlottesville, VA

## Credentials

**2016-present** Licensed Clinical Psychologist, Oregon #2733  
**2014-2016** Licensed Clinical Psychologist, Maryland #05550

## Awards and Honors

**2022** Women's Innovation Network, University of Oregon  
**2019** Outstanding Early Career Research Award, University of Oregon  
**2019** Excellence in Research, Early Career Award, College of Education, University of Oregon  
**2018** American Psychological Association, Division 51 Society for the Psychological Study of Men and Masculinities, Science at Sunset Poster Competition nomination  
**2017** 7th Diversity Tour, Top 10 Abstracts, The Obesity Society  
**2017** Abstract Award, Research in Diverse Populations Section, The Obesity Society

<b>2014-2020</b>	Extramural Clinical Research Loan Repayment Program Award Recipient, <i>Eunice Kennedy Shriver</i> National Institute of Child Health and Human Services
<b>2013</b>	National Psychologist Trainee Register Credentialing Scholarship
<b>2012</b>	Outstanding Counseling Psychology Graduate Student Award, Virginia Commonwealth University
<b>2011</b>	Academy for Eating Disorders' Student/Early Career Investigator Travel Fellowship

### **Mentored Awards**

<b>2025</b>	Mentor, General University Scholarship, University of Oregon (B. Schrag)
<b>2025</b>	Mentor, General University Scholarship, University of Oregon (S. Plezia)
<b>2025</b>	Mentor, Jean Twohig Scholarship, University of Oregon (S. Plezia)
<b>2025</b>	Mentor, College of Education Alumni Scholarship, University of Oregon (S. Plezia)
<b>2025</b>	Mentor, College of Education Alumni Scholarship, University of Oregon (B. Schrag)
<b>2024</b>	Mentor, General University Scholarship, University of Oregon (S. Plezia)
<b>2024</b>	Mentor, Tasia M. Smith Excellence Scholarship (B. Schrag)
<b>2024</b>	Mentor, Global Oregon Summer Travel Award (S. Plezia)
<b>2023</b>	Mentor, Clare Wilkins Chamberlin Award, University of Oregon (A. Folger)
<b>2023</b>	Mentor, College of Education Alumni Scholarship, University of Oregon (A. Folger)
<b>2022</b>	Mentor, Sandra Morgen Public Impact Graduate Scholarship, University of Oregon (M. Osa)
<b>2022</b>	Mentor, General University Scholarship, University of Oregon (M. Osa)
<b>2021</b>	Mentor, General University Scholarship, University of Oregon (C. Guidinger)
<b>2021</b>	Mentor, Clare Wilkins Chamberlin Award, University of Oregon (C. Guidinger)
<b>2021</b>	Mentor, Jean Twohig Scholarship, University of Oregon (C. Guidinger)
<b>2021</b>	Mentor, University of Oregon Merit Scholarship (M. Osa)
<b>2020</b>	Mentor, General University Scholarship, University of Oregon (C. Guidinger)
<b>2020</b>	Mentor, Lorraine Moe Davis Scholarship Fund, University of Oregon (C. Guidinger)
<b>2020</b>	Mentor, Jean Twohig Scholarship, University of Oregon (C. Guidinger)
<b>2019</b>	Mentor, McNair Scholars Program, University of Oregon (L. Guerricabetia)
<b>2019</b>	Mentor, Clarence and Lucille Dunbar Scholarship, University of Oregon (L. Guerricabetia)
<b>2019</b>	Mentor, Osher Re-Entry Scholarship, University of Oregon (L. Guerricabetia)
<b>2019</b>	Mentor, General University Scholarship, University of Oregon (C. Guidinger)
<b>2019</b>	Mentor, College of Education Alumni Scholarship, University of Oregon (C. Guidinger)
<b>2019</b>	Mentor, Jean Twohig Scholarship, University of Oregon (C. Guidinger)
<b>2018</b>	Mentor, Asian American Psychological Association, Student Travel Award (C. Guidinger)
<b>2018</b>	Mentor, Clare Wilkins Chamberlin Award, University of Oregon (C. Guidinger)
<b>2018</b>	Mentor, Margaret Wiese Scholarship for Health-Related Careers (S. Brockie)

### **Federal and Foundation Funding**

National Institutes of Health

UH3OD023389, *Environmental influences on Child Health Outcomes (ECHO)*

The Early Growth and Development Study Pediatric Cohort

Opportunities and Infrastructure Fund (OIF) subaward

09/01/21 – 08/31/23

Total direct and indirect costs: \$200,000

**N. R. Kelly**, OIF PI; L. Leve, J. Neiderhiser, J. Ganiban (MPIs)

Title: Understanding the Nuanced Relationship between Children's Executive Functioning and Health

Behaviors Across Life Stages and Ecological Contexts. Pilot project funded under the umbrella parent grant number.

*Eunice Kennedy Shriver* National Institute of Child Health & Human Development, NIH

R44HD098921, Total direct and indirect costs: \$906,049

07/01/19 – 06/30/21

**N. R. Kelly, MPI**; Wendt, Co-PI; Pennefather, Co-PI

Title: Trauma-Informed Mental Health in Education: A Mindfulness Based Curriculum

The Oregon Community Foundation  
 Total direct and indirect costs: \$3,000 12/01/18 – 11/30/19  
**N. R. Kelly**, Co-I; L. Budd, PI  
 Title: Pilot Testing New Moves for Girls in an Afterschool Setting

Coast Fork Fund of the Oregon Community Foundation  
 Grant ID: 350307, Total direct and indirect costs: \$18,850 10/01/18 – 9/30/19  
**N. R. Kelly**, PI  
 Title: Mindfulness Programming in Cottage Grove, Oregon

Eunice Kennedy Shriver National Institute of Child Health & Human Development, NIH  
 R21HD094661, Total direct and indirect costs: \$405,625 08/01/18 – 07/31/22  
**N. R. Kelly**, PI  
 Title: An Exercise Intervention to Improve the Eating Patterns of Preadolescent Children at High Risk for Obesity

Medical Research Foundation Grant, OHSU Foundation  
 Total direct costs: \$39,967 09/01/18 – 08/31/19  
**N. R. Kelly**, Consultant; N. R. Giuliani, PI  
 Title: Quantifying the Impact of Mothers on Preschoolers' Food-Related Self-Regulation and Overconsumption of Unhealthy Food

Coast Fork Fund of the Oregon Community Foundation  
 Grant ID: 325659, Total direct and indirect costs: \$24,500 03/01/18 – 04/01/18  
**N. R. Kelly**, PI  
 Title: Piloting a School-Based Mindfulness Curriculum to Maximize Adolescents' Learning, Well-Being and Compassion for Others

Eunice Kennedy Shriver National Institute of Child Health & Human Development, NIH  
 Ruth L. Kirschstein National Research Service Award  
 F32 HD082982, Total direct and indirect costs: \$54,194 08/01/15 – 07/31/16  
**N. R. Kelly**, PI  
 M. Tanofsky-Kraff, and J. Yanovski, Co-Sponsors  
 Title: The Cognitive Capacity Model for Energy Intake and Excess Weight Gain in Youth

### **Mentored Student Funding**

Center for the Study of Women in Society, University of Oregon  
 Total: \$1,500 05/01/24 – 09/30/24  
**N. R. Kelly, Mentor**; Plezia, Student PI  
 Title: Exploring the relationship between gender identity, culturally relevant gender roles, and body dissatisfaction among Goan adolescent girls: A qualitative investigation

American Psychological Foundation  
 Drs. Rosalee G. and Raymond A. Weiss Research and Program Innovation Grants  
 Total: \$3,000 04/01/22 – 03/31/23  
**N. R. Kelly, Mentor**; M. L. Osa, Student PI  
 Title: The Experience of Embodiment: A Culturally Sensitive Approach to Understanding Disordered Eating in African American Women

National Cancer Institute, NIH  
 F31CA232357-01A1, Total direct and indirect costs: \$40,637 04/01/19 - 03/31/21  
**N. R. Kelly, Consultant**; Cosme, PI  
 Title: Cancer Prevention through Dietary Change: Training in Translational Neuroscience

## **Internal Funding**

College of Education, University of Oregon  
 Andrea Wiggins Faculty Outreach Fund, Total: \$4,667 03/05/25 – 06/15/26  
**N. R. Kelly, Co-PI; Budd, Co-PI**  
 Title: Pilot workshop to support parent-teen conversations about weight and health

Sport and Wellness Institute, University of Oregon  
 Total: \$160,000 02/01/23 – 07/01/24  
**N. R. Kelly, Co-PI; Budd, Co-PI**  
 Title: Parsing the Links among Adolescents' Nature Exposure, Physical activity, Social Media Use, and Stress

Office of Vice President for Research and Innovation, University of Oregon  
 Innovation Fund, Total: \$75,000 09/16/21 – 09/15/22  
**N. R. Kelly, Co-I; C. Minson, PI**  
 Title: NatureDose™: Tracking Nature Exposure to Improve Human Physiological and Mental Health

Counseling Psychology and Human Services, University of Oregon  
 Faculty Research Award, Total direct costs: \$5,000 04/01/21 – 03/31/22  
**N. R. Kelly, Co-PI; Budd, Co-PI**  
 Title: Participant-Informed Adaptations to a Brief Workplace Intervention to Reduce Weight Stigma and Weight Bias Internalization

Counseling Psychology and Human Services, University of Oregon  
 Faculty Research Award, Total direct costs: \$5,000 04/01/20 – 03/31/21  
**N. R. Kelly, PI**  
 Title: The effects of a brief imagery intervention on the primary psychological and behavioral predictors of poor weight loss outcomes in men and women who are overweight

Andrea Wiggins Fund and Hope Baney Fund  
 College of Education, University of Oregon  
 Total direct and indirect costs: \$3,780 04/15/19 – 04/15/20  
**N. R. Kelly, Co-PI; Budd, Co-PI**  
 Title: Pilot Testing a Brief Worksite Intervention to Reduce Weight Stigma

Health Oregon Challenge Fund  
 Office of the Vice President for Research and Innovation, University of Oregon  
 Total direct and indirect costs: \$27,575 04/01/19 – 03/31/20  
**N. R. Kelly, Co-PI; Budd, Co-PI**  
 Title: Pilot Testing a Brief Worksite Intervention to Reduce Weight Stigma

Counseling Psychology and Human Services, University of Oregon  
 Faculty Research Award, Total direct costs: \$5,000 06/01/18 – 05/31/19  
**N. R. Kelly, Co-I; E. Budd, PI**  
 Title: Pilot Testing New Moves for Girls in an Afterschool Setting

Counseling Psychology and Human Services, University of Oregon  
 Faculty Research Award, Total direct costs: \$5,000 06/01/18 – 05/31/19  
**N. R. Kelly, PI**  
 Title: Assessing the Antecedents and Consequences of Young Men's Loss of Control Eating in the Natural Environment

Office of the Vice President for Research and Innovation, University of Oregon  
 Incubating Interdisciplinary Initiatives (I3) Award, Total direct costs: \$50,000 07/01/17 – 06/30/19  
**N. R. Kelly, Co-I; T. M. Smith, PI**  
 Title: Lessons Learned from the Oakridge Buying Club: Strategies for Food Access Programs in Rural Communities

Office of the Vice President for Research and Innovation, University of Oregon

Faculty Research Award, Total direct costs: \$5,500

07/01/17 – 06/30/19

**N. R. Kelly, PI**

Title: Investigation of the Efficacy of an Acute Physical Exercise Intervention to Improve Energy Intake among School-Age Children in Rural Communities

## **Teaching Experience**

**2024-current Graduate Instructor**, Theories of Counseling, University of Oregon, Eugene, OR

**2024-current Graduate Instructor**, Mental Health and Diagnosis, University of Oregon, Eugene, OR

**2020-current Graduate Instructor**, Psychological Assessment, University of Oregon, Eugene, OR

**2021-2023 Graduate Instructor**, Social Science Research Design, University of Oregon, Eugene, OR

**2017-current Graduate Instructor**, Health Promotion and Equity, University of Oregon, Eugene, OR

**2017-2018 Graduate Instructor**, Adult Practicum, University of Oregon, Eugene, OR

**2015-2016 Faculty Moderator**, Case Conference Series, Uniformed Services University of Health Sciences, Medical and Clinical Psychology, Bethesda, MD

**2015 Graduate Co-Instructor**, Lifespan Development, Uniformed Services University of Health Sciences, Medical and Clinical Psychology Doctoral Program, Bethesda, MD

**2010 Undergraduate Instructor**, Psychology of Women, Virginia Commonwealth University, Richmond, VA

**2009 Undergraduate Lab Instructor**, Experimental Methods, Psychology Department, Virginia Commonwealth University, Richmond, VA

## **Invited Lectures**

**2025** *De-Emphasizing BMI to Promote Health and Enhance Health Equity*, University Health Services, University of Oregon, Eugene, OR

**2025** *Weight Bias: A Major Barrier to Inclusivity and Health Equity*, Advancement Diversity Committee, University of Oregon, Eugene, OR

**2024** *Professional and Academic Trajectories: Promoting Health Equity*, Prevention Science Research Seminar, University of Oregon, Eugene, OR

**2023** *De-Emphasizing BMI to Promote Health and Enhance Health Equity*, PeaceHealth Hospital, Grand Rounds, Eugene, OR

**2022** *De-Emphasizing BMI to Promote Health and Enhance Health Equity*, Healthy Active Communities, National Virtual Conference

**2022** *De-Emphasizing BMI to Promote Health and Enhance Health Equity*, Community Advisory Council, Prevention Workgroup, Eugene, OR

**2022** *Talking with Children about Health Behaviors, Health and Well-Being without Reinforcing Weight Bias*, Summer Camp Counselor Training, YMCA, Eugene, OR

**2022** *De-Emphasizing BMI to Promote Health and Enhance Health Equity*, College of Public Health and Human Sciences Research Seminar, Oregon State University, Corvallis, OR

**2021** *Weight-Based Teasing and Disordered Eating among Racially and Ethnically Diverse Young Men*, Prevention Science Research Seminar, University of Oregon, Eugene, OR

**2020** *Perceived General and Presidential-Related Discrimination, Ethnic Identity, and Loss of Control Eating among Racially/Ethnically Diverse Young Men*, Abnormal Psychology, University of Oregon, Eugene, OR

- 2019** *Assessing and Addressing Community Health Problems*, Contemporary Issues in Public Health, University of Oregon, Eugene, OR
- 2019** *Engaging Your Client, Building Rapport*, Adult Practicum, University of Oregon, Eugene, OR
- 2018** *Assessing Perceptions of Discrimination, Ethnic Identity, and Loss of Control Eating among Racially/Ethnically Diverse Young Men*, Research Methods in Human Services, University of Oregon, Eugene, OR
- 2017** *Distress Tolerance Skills*, Counseling Psychology Adult Practicum, University of Oregon, Eugene, OR
- 2016** *Binge Eating and Body Image Concerns among Diverse College Men*. Department of Psychology, University of Oregon, Eugene, OR
- 2016** *Cognitive Capacity Model for Energy Intake and Excess Weight Gain in Youth: Preliminary Data*, Pediatric Endocrinology Metabolism & Molecular Genetics, Research Conference, Bethesda, MD
- 2015** *Personality Disorders*, Graduate Seminar in Department of Medical and Clinical Psychology, Uniformed Services University of Health Sciences, Bethesda, MD
- 2014** *Binge Eating in Men*, Georgetown University, Washington DC
- 2014** *Psychological Assessment*, Graduate Seminar in Department of Medical and Clinical Psychology, Uniformed Services University of Health Sciences, Bethesda, MD
- 2014** *Pediatric Disinhibited Eating Behavior: A Target for Obesity Prevention?* Sixth Annual National Institute of Health's Community College Day, Health Highlights: Nutrition and Obesity
- 2014** *Motivational Interviewing*, Department of Adolescent Medicine, Children's National Medical Center, George Washington University Medical Center, Washington, DC
- 2014** *Cognitive Capacity Model for Energy Intake and Excess Weight Gain in Youth*, Program in Developmental Endocrinology and Genetics, Eunice Kennedy Shriver National Institute of Child Health and Human Development, Research Conference, Bethesda, MD
- 2011** *Weight Bias in Healthcare*, Pediatric Endocrinology and Obesity Treatment Center, Virginia Commonwealth University, Children's Medical Center, Richmond, VA

### **Symposia/Interactive Sessions**

- 2024** *Best Practices in Physical Activity and Sport Promotion for Optimal and Equitable Health Outcomes*, Global Sport University Network Summit, Eugene, OR
- 2019** *Inclusion Action Series Panelist - Body Size Bias and Body Image in Culture and Media*, Inclusion Action Series Panelist, University of Oregon, Eugene, OR
- 2018** *Social Influences and Personal Relationships with Body Image Q&A*, All Sizes Fit Panel, University of Oregon, Eugene, OR
- 2017** *The Intersection of Gender and Ethnicity in Mental Health*, Asian American Psychological Association Annual Convention, University of Nevada, Las Vegas, NV

### **Peer-Reviewed Journal Articles** \*designates undergraduate, postbaccalaureate, or medical student trainee

101. \*Parker, M. N., **Kelly, N. R.** (co-first authors), Moore, A., Loch, L. K., Haynes, H. E.,...Yanovski, J. A. (in press). Evaluating the effects of cognitive fatigue on youth's energy intake. *Journal of Behavioral Medicine*.

100. **Kelly, N. R.**, Doty, K. J., Schrag, B. H. C., Bryant, S., Plezia, S., Parr, N. J., & Budd, E. L. (2025). Feasibility and acceptability of a pilot randomized trial of a single session of imagery rescripting targeting the primary consequences of negative experiences with eating and appearance. *Pilot and Feasibility Studies*, 11(5). doi.org/10.1186/s40814-025-01630-8
99. **Kelly, N. R.**, Kosty, D., Bodovski, Y., Blackwell, C., Ganiban, J. M.,...Leve, L. D. (2025). Understanding the nuanced relationship between children's executive functioning and health behaviors across life stages and ecological contexts. *Journal of Behavioral Medicine*. doi.org/10.1007/s10865-024-00543-w
98. \*Osa, M. L., \*Luther, G. M., & **Kelly, N. R.** (2025). Racial discrimination and perceived weight status are positively associated with depressive symptoms among Latina and Hispanic women in the U.S. *Hispanic Journal of Behavioral Sciences*. doi.org/10.1177/07399863241308926
97. \*Terral, H. F., \*Williamson, G., Budd, E. L., & **Kelly, N. R.** (2024). Using the Active Implementation Frameworks to explore implementation of recess before lunch. *Health Behavior and Policy Review*, 11(5), 1731-1744. doi.org/10.14485/HBPR.11.5.4
96. Budd, E. L., \*Castro, E., Terral, H. F., \*Farley, Z. S., & **Kelly, N. R.** (2024). Systematic review of the evidence on physical activity prescriptions for youth. *Preventive Medicine*, 108145, 189. doi.org/10.1016/j.ypmed.2024.108145
95. Giuliani, N. R., **Kelly, N. R.**, & Budd, E. L. (2024). The role of food reward in the associations between weight-based discrimination and feeding practices among caregivers of young children. *Appetite*, 107620.
94. **Kelly, N. R.**, \*Guidinger, C., Swan, D. M., Thivel, D., \*Folger, A.,...Hahn, M. (2024). A brief bout of moderate intensity physical activity improves preadolescent children's behavioral inhibition but does not change their energy intake. *Journal of Behavioral Medicine*, 47, 692-706. doi.org/10.1007/s10865-024-00495-1
93. **Kelly, N. R.**, \*Osa, M. L., \*Luther, G., \*Guidinger, C., \*Folger, A., \*Williamson, G., \*Esquivel, J., & Budd, E. L. (2024). Preliminary evaluation of a brief worksite intervention to reduce weight stigma and weight bias internalization. *Evaluation and Program Planning*, 104, 102434. doi.org/10.1016/j.evalprogplan.2024.102434
92. **Kelly, N. R.**, \*Doty, K. J., \*Guidinger, C., \*Folger, A., \*Luther, G. M., & Giuliani, N. R. (2024). Social desirability bias is related to children's energy intake in a laboratory test meal paradigm. *Appetite*, 107235. doi.org/10.1016/j.appet.2024.107235
91. \*Folger, A., \*Nekkanti, A., \*Williamson, G., \*Guidinger, C., & **Kelly, N. R.** (2023). Rural sixth-grade teachers' and students' perceptions of a mindfulness-based mental health curriculum. *Frontiers in Psychology*, 14, 1-11. doi.org/10.3389/fpsyg.2023.1277614
90. Bragg, M. G., Westlake, M., Alshawabkeh, A., Bekelman, T., Camargo, C.,...**Kelly, N. R.**,...Lyll, K. (2023). Opportunities for examining child health impacts of early-life nutrition in the ECHO program: Maternal and child dietary intake data from pregnancy to adolescence. *Current Developments in Nutrition*, 11(7), 102019.
89. Aris, I. M., Perng, W., Dabelea, D., Padula, A. M., Alshawabkeh, A.,...**Kelly, N. R.**,...Oken, E. (2023). Neighborhood opportunity and vulnerability and incident asthma among children. *JAMA Pediatrics*, 177(10), 1055-1064.

88. \*Williamson, G., Cotter, E. W., Cao, L., \*Guidinger, C., & **Kelly, N. R.** (2023). Ecological momentary assessment of state affect prior to and following loss of control eating in young men. *Eating Behaviors*, 50, 101782.
87. **Kelly, N. R.**, Kosty, D., \*Williamson, G., \*Guidinger, C., & Cotter, E. W. (2023). Social media and dating app use are differentially related to same- and next-day disordered eating pathology in young men with loss of control eating. *Eating Behaviors*, 49, 101735.
86. \*Castro, E., **Kelly, N. R.**, & Budd, E. L. (2023). Healthcare provider-delivered healthy eating recommendations among U.S. Hispanic/Latino adults. *Preventive Medicine Reports*, 33, 102206.
85. Bekelman, T. A., Knapp, E. A., Dong, Y., Dabelea, D., Bastain, T. M.,...**Kelly, N. R.**, ...Sauder, K. A. (2023). Sociodemographic variation in children's health behaviors during the COVID-19 pandemic. *Childhood Obesity*, 19(4), 226-238.
84. Aris, I. M., Perng, W., Dabelea, D., Padula, A. M., Alshawabkeh, A.,...**Kelly, N. R.**,...Oken, E. (2022) Associations of neighborhood opportunity and social vulnerability with trajectories of child body mass index and obesity among U.S. children. *JAMA Network Open*, 5(12), e2247957.
83. **Kelly, N. R.**, Cotter, E., \*Williamson, G., \*Guidinger, C., Fotang, J., Crosby, R. D., & Cao, L. (2022). Loss of control may uniquely predict negative affect among the disinhibited eating experiences of high-risk young men. *Eating Behaviors*, 47, 101674.
82. \*Osa, M. L., **Kelly, N. R.**, & Calogero, R. (2022). Disordered eating symptoms as a function of perceived weight status and race: An intersectional examination. *Body Image*, 43, 337-347.
81. Giuliani, N. R., & **Kelly, N. R.** (2022). Associations among food delay of gratification, cognitive measures, and environment in a community preschool sample. *Frontiers in Nutrition*, 9, 788583.
80. Gulley, L. D., Shomaker, L. B., **Kelly, N. R.**, Chen, K. Y., Olsen, C. H.,...Yanovski, J. A. (2022). Examining cognitive-behavioral therapy change mechanisms for decreasing depression, weight, and insulin resistance in adolescent girls at risk for type 2 diabetes. *Journal of Psychosomatic Research*, 157, 110781.
79. Davidson, T. L., Ramirez, E., Kwarteng, E. A., Djan, K. G., Faulkner, L. M., Parker, M. N., Yang, S. B., Zenno, A., **Kelly, N. R.**,...Yanovski, J. A. (2022). Retrieval-induced forgetting in children and adolescents with and without obesity. *International Journal of Obesity*, 46(4), 851-858.
78. Parker, M. N., LeMay-Russell, S., Schvey, N. A., Crosby, R. D., Ramirez, E., **Kelly, N. R.**, ...Yanovski, J. A. (2022). Associations of sleep with food cravings and loss-of-control eating in youth: An ecological momentary assessment study. *Pediatric Obesity*, 17(2), e12851.
77. \*Luther, G. M., \*Folger, A., & **Kelly, N. R.** (2021). Body image concerns and ethnic identity are associated with loss of control eating among young African American men. *Eating Behaviors*, 43, 101578.
76. Trevino, S. D., **Kelly, N. R.**, Budd, E. L., & Giuliani, N. R. (2021). Parent gender affects the influence of parent emotional eating and feeding practices on child emotional eating. *Frontiers in Psychology*, 12, 654237.
75. LeMay-Russell, S., Schvey, N. A., **Kelly, N. R.**, Parker, M. N., Ramirez, E.,...Yanovski, J. A. (2021). Longitudinal associations between facets of sleep and adiposity in youth. *Obesity*, 29(11), 1760-1769.



74. \*Osa, M. L., \*Bunn, L. M., Giuliani, N. R., & **Kelly, N. R.** (2021). Associations among weight-based teasing distress, impulsive emotion regulation, and loss of control eating in racially and ethnically diverse young adult men. *Eating Behaviors*, 43, 101543.
73. Giuliani, N. R., & **Kelly, N. R.** (2021). Maternal attentional control moderates the association between increased depression and controlling feeding practices during the COVID-19 pandemic. *Journal of Prevention and Health*, 2(2), 294-310.
72. Rubin, S. G., Schvey, N. A., Shank, L. M., Altman, D. R., Swanson, ...**Kelly, N. R.**, ...Yanovski, J. A. (2021). Associations between weight-based teasing and disordered eating behaviors among youth. *Eating Behaviors*, 38, 37-48.
71. \*Osa, M. L., & **Kelly, N. R.** (2021). Experiences of discrimination are associated with drive for muscularity among African American men. *Psychology of Men and Masculinity*, 22(2), 365-374.
70. \*Williamson, G., \*Osa, M. L., Budd, E. L., & **Kelly, N. R.** (2021). Weight-related teasing is associated with body concerns, disordered eating, and health diagnoses in racially and ethnically diverse young men. *Body Image*, 38, 37-48.
69. Giuliani, N. R., & **Kelly, N. R.** (2021). Delay of gratification predicts eating in the absence of hunger in preschool-aged children. *Frontiers in Psychology*, 12, 650046.
68. Budd, E. L., Giuliani, N. R., & **Kelly, N. R.** (2021). Perceived neighborhood crime safety moderates the association between racial discrimination stress and chronic health conditions among Hispanic/Latino adults. *Frontiers Public Health*, 9, 585157.
67. Byrne, M. E., Tanfosky-Kraff, M., Lavender, J. M., Parker, M. N., Shank, L. M., ...**Kelly, N. R.**, & Yanovski, J. A. (2021). Bridging executive function and disinhibited eating among youth: A network analysis. *International Journal of Eating Disorders*, 54(5), 721-732.
66. Byrne, M. E., Shank, L. M., Altman, D. R., Swanson, T. N., Ramirez, E., ...**Kelly, N. R.**, ...Yanovski, J. A. (2021). Inhibitory control and negative affect in relation to food intake among youth. *Appetite*, 156, 104858.
65. Schvey, N. A., Shank, L. M., Tanofsky-Kraff, M., Ramirez, S., Altman, D. R., ...**Kelly, N. R.**, ...Yanovski, J. A. (2021). Weight-based teasing in youth: Associations with metabolic and inflammatory markers. *Pediatric Obesity*, 16(3), e12729.
64. \*Guidinger, C., \*Zhou, S., \*Rothouse, K. & **Kelly, N. R.** (2021). Adherence to Asian cultural values and internalization of societal appearance ideals are associated with exercise dependence symptoms in Asian/Asian American men. *Eating Behaviors*, 40, 101450.
63. **Kelly, N. R.**, Kosty, D., \*Guerricabeitia, L., \*Guidinger, C., & \*Williamson, G. (2020). Evaluating components of existing theories for loss of control eating in a sample of young racially/ethnically diverse men. *Body Image*, 35, 63-70.
62. **Kelly, N. R.**, Cotter, E., \*Guidinger, C., & \*Williamson, G. (2020). Perceived discrimination, emotion dysregulation and loss of control eating in young men. *Eating Behaviors*, 37, 101387. PMID: 32353703
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### **Book Chapters**

1. Cotter, E. W. & **Kelly, N. R.** (2015). *The Binge Eating Scale*. In Wade, T. (ed), *Encyclopedia of Eating and Feeding Disorders*. Spring Singapore.
2. Lydecker, J. A., Cotter, E. W., Gow, R. W., **Kelly, N. R.**, & Mazzeo, S. E. (2013). Preventing childhood obesity. In Choate, L. (ed.), *Eating Disorders and Obesity. A Counselor's Guide to Prevention and Treatment*. Alexandria, VA: American Counseling Association (p. 169-200).
3. **Kelly, N. R.**, Gow, R. W., Mazzeo, S. E., & Stern, M. (2010). Stigmatization, quality of life, and its effects on adolescents: disordered eating and bariatric surgery. In V. R. Preedy & R. R. Watson (eds.), *Handbook of Disease Burdens and Quality of Life Measures* (Part 3, p. 3137-3158). Germany: Springer.

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### **Peer-Reviewed Presentations**

143. Su, C., Budd, E. L., Farley, Z. S., Kiros, S., Cronic, J. M., Folger, A. C., & **Kelly, N. R.** (2025, May). *Perceived neighborhood safety from crime moderates the association between discrimination and chronic conditions among minoritized racial and ethnic groups*. Paper to be presented at the Society for Prevention Research's Annual Meeting, Seattle, WA.
142. \*Schrag, B. H. C., \*Doty, K. J., Folger, A., Budd, E. L., Cronic, J. M., & Kelly, N. R. (2025, Aug). *Self-compassion, self-coldness, and disordered eating in sexual and gender diverse adults*. Poster to be presented at the American Psychological Association's Annual Convention, Denver, CO.
141. **Kelly, N. R.**, Kosty, D., & Cotter, E. W. (2025, May). *Appetizing food cues most consistently relate to men's same- and next-day loss of control eating*. Paper to be presented at the International Conference on Eating Disorders, San Antonio, TX.
140. **Kelly, N. R.**, \*Doty, K. J., \*Schrag, B., \*Bryant, S., \*Plezia, S., & Budd, E. L. (2025, May). *Piloting remote-delivered imagery rescripting for negative experiences related to eating and body*. Paper to be presented at the International Conference on Eating Disorders, San Antonio, TX.
139. \*Schrag, B. H. C., \*Doty, K. J., Budd, E. L., \*Plezia, S., & **Kelly, N. R.** (2025, May). *Exploring the need for weight-based discrimination initiatives in medical and public health settings*. Paper to be presented at the International Conference on Eating Disorders, San Antonio, TX.
138. Flexner, L., \*Plezia, S. (co-first authors), Facanha, I., **Kelly, N. R.**, & Budd, E. L. (2025, March). *A weight-y matter: How weight bias and anti-fat attitudes impact patient experience and patient outcomes*. Paper presented at the American Physical Therapy Association Oregon Annual Conference, Portland, OR.
137. \*Stensland, A., Folger, A., Giuliani, N. R., & **Kelly, N. R.** (2025, March) *Strength in connection: The associations for social support and emotion regulation with body appreciation in diverse sexual and gender individuals*. Poster presented at the Society for Affective Science, Portland, OR.
136. Giuliani, N. R. & **Kelly, N. R.** (2025, March) *The role of parent fear in use of restrictive feeding practices*. Poster presented at the Society for Affective Science, Portland, OR.
135. Castro, E., Farley, Z. S., **Kelly, N. R.**, Giuliani, N.R., Minson, C. T., Pomeroy, J. J., & Budd, E. L. (2024, Oct). *Examining daily associations of nature exposure, body appreciation, and physical activity among adolescents*. Paper presented at the American Public Health Association Annual Meeting and Expo, Minneapolis, MN.
134. \*Schrag, B. H. C., \*Doty, K. J., Budd, E. L., \*Plezia, S., & **Kelly, N. R.** (2024, Oct). *Exploring ethical and practical approaches to weight bias reduction initiatives in public health across Oregon*. Paper presented at the Oregon Public Health Association Annual Meeting and Conference, Corvallis, OR.
133. Plezia, S., Castro, E., Farley, Z. S., Schrag, B. H. C., Budd, E. L., & **Kelly, N. R.** (2024, Oct). *Oregon adolescents who feel more connected to nature have greater body appreciation*. Poster presented at the Oregon Public Health Association Annual Meeting and Conference, Corvallis, OR.

132. Farley, Z., Castro, E., **Kelly, N. R.**, & Budd, E. L. (2024, March). *Use of a novel measure of nature exposure in community-based physical activity research*. Paper presented at the Active Living Conference, Chattanooga, TN.
131. Ward, M. D., Giuliani, N. R., **Kelly, N. R.**, & Budd, E. L. (2023, March). *The role of nature exposure on adolescent stress patterns across one week*. Poster presented at the Society for Affective Science's Annual Conference, New Orleans, LA.
130. Budd, E. L., \*Osa, M. L., \*Luther, G., \*Guidinger, C., \*Folger, A., \*Williamson, G., & **Kelly, N. R.** (2023, Oct). *Preliminary effectiveness of a brief educational workshop to reduce weight bias and weight bias internalization*. Paper presented at the Oregon Public Health Association Annual Meeting and Conference, Corvallis, OR.
129. \*Luther, G., \*Doty, K. J., \*Osa, M. L., \*Folger, A., \*Guidinger, C., \*Williamson, G., Budd, E. L., & **Kelly, N. R.** (2023, Oct). *Weighing in on body size misconceptions: Public health implications*. Paper presented at the Oregon Public Health Association Annual Meeting and Conference, Corvallis, OR.
128. \*Doty, K. J., \*Williamson, G., \*Osa, M. L., Budd, E. L., & **Kelly, N. R.** (2023, Oct). *Weight-related teasing in racially and ethnically diverse men associated with health diagnoses, disordered eating, and body concerns*. Poster presented at the Oregon Public Health Association Annual Meeting and Conference, Corvallis, OR.
127. **Kelly, N. R.**, Kosty, D., \*Williamson, G., \*Guidinger, C., & Cotter, E. W. (2023, June). *Daily social media and dating app use are differentially related to disordered eating pathology in high risk young men*. Paper presented at the International Conference on Eating Disorders, Washington, DC.
126. \*Parker, M. N., Tanofsky-Kraff, M., Loch, K. L., Haynes, H. E., Bloomer, B. F.,...**Kelly, N. R.** (2023, June). *An experimental study of the effects of cognitive fatigue on youth's energy intake: Interaction of cognitive fatigue with reported dietary restraint*. Paper presented at the International Conference on Eating Disorders, Washington, DC.
125. \*Guidinger, C. L., \*Cheng, Y., \*Le, K., \*Folger, A., \*Luther, G., & **Kelly, N. R.** (2022, Aug). *Ethnic variations in Asian and Asian American men's disordered eating symptoms*. Poster presented at the American Psychological Association Annual Convention, Minneapolis, MN.
124. \*Doty, K. J., \*Folger, A. C., Crouce, J. M., Budd, E. L., Seeley, J. R., & **Kelly, N. R.** (2023, May). *Depressive symptoms among a sexual and gender diverse sample*. Poster presented at the Society for Prevention Research 2023 Annual Meeting, Washington, DC.
123. \*Moore, A. M., \*Parker, M. N., Loch, K. L., Haynes, H. E., Bloomer, B. F.,...**Kelly, N. R.** (2023, April). *Effects of cognitive fatigue on state anxiety in children and adolescents*. Poster presented at the Pediatric Academic Societies Meeting, Washington, DC.
122. Budd, E. L., Castro, E., Lawlor, M., Colley, C., & **Kelly, N. R.** (2022, Nov). *A review of the evidence on healthcare professional prescribed physical activity on youths' physical activity*. Paper presented at the American Public Health Association Annual Meeting and Expo, Boston, MA.
121. Budd, E. L., \*Terral, H. F., \*Williamson, G., & Kelly, N. R. (2022, Nov). *A qualitative assessment of the factors associated with implementing recess before lunch in a rural Oregon elementary school*. Poster presented at the American Public Health Association Annual Meeting and Expo, Boston, MA.



120. \*Luther, G. M., \*Folger A. C., Cronce J. M., Budd E. L., & **Kelly N. R.** (2022, Aug). *Discrimination and depression associations across Multiracial and Monoracial groups*. Poster presented at the American Psychological Association Annual Convention, Minneapolis, MN.
119. \*Folger, A. C., \*Williamson, G. M., Budd, E. L., Cronce, J. M., & **Kelly, N. R.** (2022, Aug). *Discrimination, disordered eating, and social support among a sexual and gender diverse sample*. Poster presented at the American Psychological Association Annual Convention, Minneapolis, MN.
118. **Kelly, N. R.**, Cotter, E., \*Williamson, G., \*Guidinger, C., Fotang, J., Crosby, R. D., & Cao, L. (2022, June). *Using ecological momentary assessment to elucidate the link between various disinhibited eating qualities and subsequent negative affect among high-risk young men*. Paper presented at the International Conference on Eating Disorders, Boston, MA.
117. \*Doyle, C., \*Guidinger, C. L., and **Kelly, N. R.** (2021, Nov). *Weight-related teasing is associated with loneliness symptoms in rural Oregon youth*. Poster presented at The Obesity Society Annual Meeting.
116. **Kelly, N. R.**, \*Osa, M., \*Luther, G., \*Guidinger, C., \*Folger, A., \*Williamson, G., & Budd, E. L. (2021, Nov). *Feasibility and acceptability of a worksite body size bias workshop to reduce weight discrimination*. Poster presented at The Obesity Society Annual Meeting.
115. Cahn, A. F., **Kelly, N. R.**, Cronce, J. M., Wooten, S. & Budd, E. L. (2021, Oct). *LGBQAP identity and income loss are associated with increases in COVID-19 pandemic-related food insecurity among college students*. Paper presented at the American Public Health Association's Annual Meeting and Expo, Denver, CO.
114. Cahn, A. F., **Kelly, N. R.**, Pedroza, J. A., & Budd, E. L. (2021, Sept). *Perceived and objective availability of healthy foods in one rural Oregon town*. Poster presented at NIH's Food Insecurity, Neighborhood Food Environment, and Nutrition Health Disparities: State of the Science. Bethesda, MD.
113. \*Guidinger, C. L., \*Metcalf, R. M., \*Luther, G., \*Osa, M. L., & **Kelly, N. R.** (2021, June). *Body image concerns are associated with exercise dependence symptoms and the behavioral drive for muscularity in racially diverse young men*. Paper presented at the International Conference on Eating Disorders.
112. \*Guidinger, C. L., \*Williamson, G., \*Bunn, L., & **Kelly, N. R.** *Factor analysis of the Asian values scale-revised and associations with disordered eating*. (2021, June). Paper presented at the International Conference on Eating Disorders.
111. \*Luther, M. G., \*Folger, A., & **Kelly, N. R.** (2021, June). *Body dissatisfaction and assimilation are associated with loss of control eating among young adult African American men*. Paper presented at the International Conference on Eating Disorders.
110. Ramirez, E., LeMay-Russell, S., Altman, D. R., Swanson, T. N., Moore, N. A.,...**Kelly, N. R.**,...Yanovski, J. A. (2021, May). *The association between bedtimes, wake-time shift, and children's eating in the laboratory*. Poster presented at the Pediatric Academic Society Virtual Meeting.
109. Shank, L. M., Schvey, N. A., Tanofsky-Kraff, M., Ramirez, S., Altman, D. R.,...**Kelly, N. R.**,...Yanovski, J. A. (2020, Nov). *Weight-based teasing in youth: Associations with metabolic and inflammatory markers*. Paper presented at The Obesity Society, Atlanta, GA.
108. Byrne, M. E., Tanofsky-Kraff, M., Parker, M. N., Shank, L. M., Altman, D. R.,...**Kelly, N. R.**,...Yanovski, J. A. (2020, Nov). *Bridging executive function and disinhibited eating in youth: A network analysis*. Poster presented at The Obesity Society, Atlanta, GA.

107. Parker, M. N., LeMay-Russell, S., Schvey, N. A., **Kelly, N. R.**, Shank, L. M.,...Yanovski, J. A. (2020, Nov). *The associations between nightly shifts in sleep timing and next day loss of control eating in youth*. Poster presented at The Obesity Society, Atlanta, GA.
106. Giuliani, N. R., **Kelly, N. R.**, & Cotter, E. W. (2020, Nov). *Maternal inhibitory control moderates the association between parenting stress and food as reward*. Poster presented at The Obesity Society, Atlanta, GA.
105. LeMay-Russell, S., Schvey, N. A., **Kelly, N. R.**, Parker, M. N., Ramirez, E.,...Yanovski, J. A. (2020, Nov). *Longitudinal associations of facets of sleep and adiposity in youth*. Paper presented at The Obesity Society, Atlanta, GA.
104. Cotter, E. W., \*Parr, N. J., \*Guidinger, C., Fotang, J., \*Williamson, G., & \*Guerricabeitia, L., & **Kelly, N. R.** (2020, Nov). *Impulsive behaviors and financial stress are associated with loss of control eating among young men*. Poster presented at The Obesity Society, Atlanta, GA.
103. **Kelly, N. R.**, \*Williamson, G., & \*Osa, M. (2020, Nov). *Weight-related teasing is associated with disordered eating symptoms and health diagnoses in men*. Poster presented at The Obesity Society, Atlanta, GA.
102. Budd E., L., Giuliani, N. R., & **Kelly, N. R.** (2020, Oct). *Perceived neighborhood walkability, perceived racial discrimination stress and chronic health conditions among U.S. Latinx adults*. Paper presented at the American Public Health Association's Annual Meeting and Expo, San Francisco, CA. *Winner of the Steven P. Hooker Research Award for outstanding research in the area of physical activity in public health*.
101. Byrne, M. E., Shank, L. M., Altman, D. R., Swanson, T. N., Ramirez, E.,...**Kelly, N. R.**, ...Yanovski, J. A. (2020, Aug). *Negative affect and inhibitory control in relation to food intake among youth*. Poster presented at the American Psychological Association Annual Convention, Washington, DC.
100. \*Zhou, S., \*Rothouse, K., \*Guidinger, C., & **Kelly, N. R.** (2020, Aug). *Sociocultural correlates of exercise dependence symptoms in Asian and Asian American men*. Poster presented at the American Psychological Association Annual Convention, Washington, DC.
99. Ramirez, E., LeMay-Russell, S., Altman, D. R., Swanson, T. N., Moore, N. A.,...**Kelly, N. R.**,...Yanovski, J. A. (2020, May). *The association between bedtime, wake-time shift, and children's eating in the laboratory*. Poster presented at the Pediatric Academic Societies Meeting, Philadelphia, PA.
98. Altman, D., Tanofsky-Kraff, M., Shank, L. M., Swanson, T. N., Ramirez, E.,...**Kelly, N. R.**, ...Yanovski, J. A. (2020, May). *Assessment of loss of control eating in healthy youth by interview and questionnaire*. Poster presented at the Pediatric Academic Societies Meeting, Philadelphia, PA.
97. Moore, N., **Kelly, N. R.**, Altman, D. R., Ramirez, E., Swanson, T. N.,...Yanovski, J. A. (2020, May). *The association between bedtime, wake-time shift, and children's eating in the laboratory*. Poster presented at the Pediatric Academic Societies Meeting, Philadelphia, PA.
96. **Kelly, N. R.**, Jaramillo, M., Ramirez, S., Altman, D. R., Rubin, S. G.,...Yanovski, J. A. (2019, Nov). *Associations between executive functioning and energy intake in children and adolescents*. Poster presented at The Obesity Society, Las Vegas, NV.
95. **Kelly, N. R.**, Kosty, D., \*Guerricabeitia, L., \*Guidinger, C., & \*Williamson, G. (2019, Nov). *Evaluating existing theories for loss of control eating in young racially diverse men*. Poster presented at The Obesity Society, Las Vegas, NV.

94. \*Bunn, L., & **Kelly, N. R.** (2019, Nov). *Impulsivity as a moderator of the link between teasing and loss of control eating in young adult men*. Poster presented at The Obesity Society, Las Vegas, NV.
93. \*Luther, G. M., Pedroza, J. A., & **Kelly, N. R.** (2019, Nov). *The role of perceived racial discrimination and weight status on depression among Latina women*. Poster presented at The Obesity Society, Las Vegas, NV.
92. **Kelly, N. R.**, Budd, E. L., Song, M., Pomeroy, J., Jaramillo, M.,...Yanovski, J. A. (2019, Nov). *Weight concern and age are associated with children's accelerometer-measured physical activity*. Poster presented at the American Public Health Association's Annual Meeting and Expo, Philadelphia, PA.
91. Pedroza, J. A., **Kelly, N. R.**, & Budd, E. L. (2019, Nov). *Neighborhood walkability is associated with physical activity in Latinx adults, particularly those with high acculturation*. Paper presented at the American Public Health Association's Annual Meeting and Expo, Philadelphia, PA.
90. Pedroza, J. A., **Kelly N. R.**, & Budd, E. L. (2019, Oct). *The association of neighborhood walkability and physical activity in differing levels of acculturated Latinx adults*. Paper presented at the Oregon Public Health Association Conference, Corvallis, OR.
89. Cahn, A. F., Campbell, M., **Kelly, N. R.**, & Budd, E. L. (2019, Oct). *Perceptions of food access and availability for residents of a rural, Oregon town*. Paper presented at the Oregon Public Health Association, Corvallis, OR.
88. Rubin, S. G., Schvey, N. A., Shank, L. M., Jaramillo, M., Altamn, D. R., Ramirez, S., Davis, E. K., LeMay-Russell, S., Byrne, M. E., Brady, S. M., Broadney, M. M., **Kelly, N. R.**, Tanofsky-Kraff, & Yanovski, J. A. (2019, Sep). *Associations between weight-based teasing and disordered eating behaviors among youth*. Poster presented at the Eating Disorder Research Society Conference, Chicago, IL.
87. \*Folger, A. C., Pedroza, J. A., Smith, T. M., Budd, E. L., & **Kelly, N. R.** (2019, Aug). *Depression and chronic health conditions: Examining racial identity as a moderator*. Poster presented at the American Psychological Association Convention, Chicago, IL.
86. \*Nekkanti, A., \*Williamson, G., \*Guidinger, C., Allen, L., Tang, S., & **Kelly, N. R.** (2019, May) *Teachers and students weigh in on the acceptability and feasibility of a trauma-sensitive mindfulness curriculum for mental health promotion in their rural middle school*. Paper presented at the Society for Prevention Research Annual Meeting, San Francisco, CA.
85. Smith, T. M., Pedroza, J. A., \*Folger, A. C., Budd, E. L., & **Kelly, N. R.** (2019, May). *The impact of individual-level motivators of and barriers to healthy food choices on perceived healthy food access in a rural community*. Poster presented at the Society of Prevention Research Conference, San Francisco, CA.
84. Pedroza, J. A., \*Luther, G. M., \*Folger, A. C., Smith, T. M., **Kelly, N. R.**, & Budd, E. L. (2019, May). *Smartphone use as a moderator of bicultural dimensions of acculturation and sedentary behaviors among a sample of Latinx young adults*. Poster presented at the Society of Prevention Research Conference, San Francisco, CA.
83. Pedroza, J. A., \*Folger, A. C., \*Luther, G. M., Smith, T. M., **Kelly, N. R.**, & Budd, E. L. (2019, May). *Assessing nutrition knowledge in rural communities: Examining the association between sociodemographic factor and nutrition knowledge*. Poster presented at the Society of Prevention Research Conference, San Francisco, CA.

82. Ramirez, S., Shank, L. M., Jaramillo, M., Rubin, S. G., Davis, E. K.,...**Kelly, N. R.**, ...Yanovski, J. A. (2019, April). *Perceived stress and salivary cortisol awakening response in youth*. Poster presented at the Pediatric Academic Societies, Baltimore, MD.
81. **Kelly, N. R.**, Smith, T. M., \*Williamson, G., & \*Guidinger, C. (2019, March). *Emotion dysregulation exacerbates the link between perceived discrimination and loss of control eating in some young men*. Poster presented at the International Conference on Eating Disorders, New York, NY.
80. Gulley, L. D., Shomaker, L. B., **Kelly, N. R.**, Chen, K. Y., Stice, E.,...Yanovski, J. A. (2019, March). *Examining therapeutic components of cognitive-behavioral therapy in adolescent girls at risk for type 2 diabetes*. Poster presented at the Society of Pediatric Psychology Annual Conference, Dallas, TX.
79. LeMay-Russell, S., Tanofsky-Kraff, M., **Kelly, N. R.**, \*Mi, S. J., Shank, L. M.,...Yanovski, J. A. (2019, March). *The association between catch-up sleep and children's reported eating in the absence of hunger*. Poster presented at the International Conference on Eating Disorders, New York, NY.
78. Shank, L. M., Tanofsky-Kraff, M., **Kelly, N. R.**, Jaramillo, M., Rubin, S. G.,... Yanovski, J. A. (2019, March). *The association between alexithymia and disordered eating behaviors in children and adolescents*. Poster presented at the International Conference on Eating Disorders, New York, NY.
77. \*Guidinger, C., \*Williamson, G., & **Kelly, N. R.** (2019, March). *The college environment may not exacerbate young men's disordered eating pathology*. Paper presented at the International Conference on Eating Disorders, New York, NY.
76. \*Williamson, G., \*Guidinger, C., & **Kelly, N. R.** (2019, March). *Young men with high internalization of the muscular ideal demonstrate the most pronounced link between emotion dysregulation and exercise dependence symptoms*. Paper presented at the International Conference on Eating Disorders, New York, NY.
75. Smith, T. M., Pedroza, J. P., Kashani, Y., **Kelly, N. R.**, Budd, E. L., & Giuliani, N. R. (2019, Jan). *Depressive symptoms are associated with body mass index among young adults with higher education*. Poster presented at the National Multicultural Conference and Summit, Denver, CO.
74. Russell, S. L., Tanofsky-Kraff, M., **Kelly, N. R.**, Mi, S. J., Shank, L. M.,...Yanovski, J. A. (2018, Oct). *Weekday vs. weekend sleep in relation to reported eating in the absence of hunger in youth*. Paper presented at The Obesity Society, Nashville, TN.
73. Shank, L. M., Tanofsky-Kraff, M., **Kelly, N. R.**, Mi, S. J., Grammer, A. C.,...Yanovski, J. A. (2018, Oct). *The relationship between attentional bias to food cues and BMI-z change in youth*. Poster presented at The Obesity Society, Nashville, TN.
72. \*Guidinger, C., \*Williamson G., & **Kelly, N. R.** (2018, Aug). *Body image attitudes and behaviors in Asian/Asian American men*. Poster presented at the American Psychological Association Annual Convention, San Francisco, CA.
71. \*Williamson G., \*Guidinger, C., & **Kelly, N. R.** (2018, Aug). *Perceptions of weight-related teasing and loss of control eating in racially/ethnically diverse men*. Poster presented at the American Psychological Association Annual Convention, San Francisco, CA.
70. \*Guidinger, C., \*Fitzpatrick, R., \*Williamson, G., & **Kelly, N. R.** (2018, Aug). *Emotion dysregulation and perceived experiences with race-related discrimination are associated with disordered eating in Asian/Asian American men*. Poster presented at the Asian American Psychological Association Annual Convention, San Francisco, CA.

69. **Kelly, N. R.**, \*Williamson, G., & \*Guidinger, C. (2018, Aug). *Racial/ethnic variations in young men's loss of control eating and associated comorbidities*. Poster presented at the American Psychological Association Convention, San Francisco, CA.
68. \*Guidinger, C., \*Williamson G., & **Kelly, N. R.** (2018, Aug). *Body image attitudes and behaviors in Asian/Asian American men*. Poster presented at the American Psychological Association Annual Convention, San Francisco, CA.
67. \*Williamson G., \*Guidinger, C., & **Kelly, N. R.** (2018, Aug). *Perceptions of weight-related teasing and loss of control eating in racially/ethnically diverse men*. Poster presented at the American Psychological Association Annual Convention, San Francisco, CA.
66. \*Guidinger, C., \*Fitzpatrick, R., \*Williamson, G., & **Kelly, N. R.** (2018, Aug). *Emotion dysregulation and perceived experiences with race-related discrimination are associated with disordered eating in Asian/Asian American men*. Poster presented at the Asian American Psychological Association Annual Convention, San Francisco, CA.
65. \*Collins, S. M., Tanofsky-Kraff, M., **Kelly, N. R.**, Shank, L. M., Grammer, A. C.,... Yanovski, J. A. (2018, May). *Associations between parents' view of parent-child relationships and children's energy intake at a buffet meal*. Poster presented at the New England Science Symposium, Boston, MA.
64. Amidon, B., Trevino, S., Budd, E., **Kelly, N. R.**, Smith, T. M., & Giuliani, N. R. (2018, April). *Parent feeding to regulate a child's emotions mediates parent and child emotional eating only among fathers*. Poster presented at the Society for Affective Science.
63. **Kelly, N. R.**, Smith, T. M., Hall, G. C. N., \*Guidinger, C., \*Williamson, G.,...Giuliani, N. R. (2018, April). *Perceptions of general and post-presidential election discrimination are associated with loss of control eating among racially/ethnically diverse young men*. Poster presented at the International Conference on Eating Disorders, Chicago, IL.
62. Byrne, M. E., Tanofsky-Kraff, M., **Kelly, N. R.**, Stojek, M., Jaramillo, \*Mi, S. J., ...Yanovski, J. A. (2018, April). *Among youth with loss of control eating, higher trait anxiety is associated with adverse eating and weight-related factors, and components of metabolic syndrome*. Poster presented at the International Conference on Eating Disorders, Chicago, IL.
61. \*Guidinger, C., \*Williamson, G., & **Kelly, N. R.** (2018, April). *Greater adherence to Asian cultural values is associated with loss of control eating in Asian/Asian American men*. Paper presented at the International Conference on Eating Disorders, Chicago, IL.
60. \*Williamson, G., \*Guidinger, C., & **Kelly, N. R.** (2018, April). *Body image concerns, perceived acculturation and body size are associated with loss of control eating in young Latinx men*. Paper presented at the International Conference on Eating Disorders, Chicago, IL.
59. Budd, E. L., Gentlesnow, K., Giuliani, N. R., **Kelly, N. R.**, & Smith, T. M. (2018, Feb). *Oregon parents' perceptions of the supportiveness of the school environment for their children's healthy eating and physical activity*. Poster presented at The Active Living Research Conference, Banff, Canada.
58. O'Donnell, M. B., Rahm-Knigge, R., Shomaker, L. B., **Kelly, N. R.**, Cassidy, O.,... Yanovski, J. A. (2017, Nov). *Mechanisms of therapeutic change in a randomized control trial of CBT to decrease depressive symptoms in adolescents at-risk for type 2 diabetes*. Poster presented at Association for Behavioral and Cognitive Therapies Convention, San Diego, CA.

57. Shomaker, L. B., **Kelly, N. R.**, Radin, R. M., Cassidy, O., Shank, L. M.,...Yanovski, J. A. (2017, Oct). *CBT versus health education for adolescent insulin resistance: Depression as an explanatory mediator*. Paper presented at The Obesity Society, Washington, DC.
56. Grammer, A. C., Tanofsky-Kraff, M., Burke, N. L., \*Mehari, R. D., \*Mi, S. J., Marwitz, S. E., Shareef, F., Shank, L. M., Stojek, M. K., Byrne, M., Barmine, M., Gorlick, J., Schvey, N. A., Brady, S. M., Broadney, M. M., **Kelly, N. R.**,...Yanovski, J. A. (2017, Oct). *Pediatric loss of control (LOC) eating mediates the link between anxiety and BMIz/body fat mass*. Paper presented at The Obesity Society, Washington, DC.
55. **Kelly, N. R.**, Glidden, S., Cotter, E. W., Smith, T. M., Budd, E. L., & Giuliani, N. R. (2017, Oct). *Loss of control eating is common and associated with emotion regulation difficulties among young men*. Paper presented at The Obesity Society, Washington, DC.
54. \*Mi, S. J., **Kelly, N. R.**, Stojek, M. K., \*Mehari, R. D., Grammer, A. C.,...Yanovski, J. A. (2017, Oct). *Children's sleep duration, metabolic syndrome indices, body composition, and energy intake*. Poster presented at The Obesity Society, Washington, DC.
53. **Kelly, N. R.**, \*Mehari, R. D., \*Grammar, A. C., \*Mi, S. J., Bernstein, S.,...Yanovski, J. A. (2017, Aug). *Validation of a cognitive fatigue paradigm in a pediatric sample*. Paper presented at the American Psychological Association Convention, Washington, DC.
52. Cotter, E. W. & **Kelly, N. R.** (2017, May). *The roles of stress eating and mindfulness in the relationship between recent life stressors and indicators of obesity risk*. Poster presented at the Society for Behavioral Medicine, San Diego, CA.
51. Shelly, K. A., Shomaker, L. B., **Kelly, N. R.**, Courville, A. B., \*Thompson, K. A.,...Yanovski, J. A. (2016, Sep). *Relationship of mindfulness to eating when hungry and eating in the absence of hunger (EAH) in adolescent girls at-risk for type 2 diabetes (T2D)*. Poster presented at the Eating Disorders Research Society Meeting, New York, NY.
50. Burke, N. L., Tanofsky-Kraff, M., \*Mehari, R. D., \*Thompson, K. A., Marwitz, S. E., Broadney, M. M., Shomaker, L. B., **Kelly, N. R.**,...Yanovski, J. A. (2016, Sep). *Measurement invariance of the eating disorder examination (EDE) in black and white children and adolescents*. Poster presented at Eating Disorders Research Society Meeting, New York, NY.
49. Shomaker, L. B., Tanofsky-Kraff, M., \*Mehari, R. D., Marwitz, S. E., Schvey, N. A., Bakalar, J., **Kelly, N. R.**, ...Yanovski, J. A. (2016, Sep). *A randomized, controlled pilot trial of family-based interpersonal psychotherapy for reducing excess weight gain in pre-adolescents with loss of control eating*. Paper presented at Eating Disorders Research Society Meeting, New York, NY.
48. **Kelly, N. R.**, Shomaker, L. S., \*Thompson K.A, Radin, R. M., Cassidy, O.,...Yanovski, J. A. (2016, June). *Associations between sleep, coping, and disinhibited eating among overweight adolescent girls*. Poster presented at the Annual Meeting of the Associated Professional Sleep Societies, Denver, CO.
47. \*Mehari, R., Radin, R., **Kelly, N. R.**, \*Thompson K.A., \*Gami, D.,...Yanovski, J.A. (2016, April). *Changes in heart rate variability (HRV) with eating among youth with and without obesity*. Poster presented at Pediatric Academic Societies Meeting, Baltimore, MD.
46. Shank, L. M., Tanofsky-Kraff, M., **Kelly, N. R.**, Schvey, N. A., Brady, S. M.,...Yanovski, J. A. (2016, May). *Pediatric loss of control eating and high-sensitivity C-reactive protein concentrations*. Paper presented at the International Conference on Eating Disorders, San Francisco, CA.

45. Stojek, M. K., Tanofsky-Kraff, M., Shomaker, L. B., **Kelly, N. R.**, \*Thompson, K. A., ...Yanovski, J. A. (2016, May). *Adolescent emotional eating: Impact on disordered eating and weight outcomes over one year*. Poster presented at the International Conference on Eating Disorders, San Francisco, CA.
44. **Kelly, N. R.**, Shomaker, L. S., \*Pickworth, C. K., Radin, R., Cassidy, O.,...Yanovski, J. A. (2016, March). *Associations between sleep behaviors and disinhibited eating among overweight adolescent girls*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
43. Shomaker, L. B., **Kelly, N. R.**, \*Pickworth, C. K., Cassidy, O. L., Radin, R. M.,...Yanovski, J. A. (2015, Nov). *A randomized controlled trial to prevent depression and ameliorate insulin resistance in adolescent girls at-risk for type 2 diabetes*. Poster presented at The Obesity Society, Los Angeles, CA.
42. \*Thompson, K. A., Pickworth, \*C. K., Shomaker, L. B., **Kelly, N. R.**, Schvey, N. A., ...Yanovski, J. A. (2015, Nov). *Associations of emotional awareness and temperament with 1-year changes of BMI and fat mass in non-overweight and overweight adolescents*. Paper presented at The Obesity Society, Los Angeles, CA.
41. \*Yuang, K., **Kelly, N. R.**, \*Pickworth, C. K., Tanofsky-Kraff, M., Brady, S.,...Yanovski, J. A. (2015, Nov). *Examination of the relationships of inheritance patterns of type 2 diabetes risk with metabolic function and disinhibited eating in adolescents*. Poster presented at The Obesity Society, Los Angeles, CA.
40. \*Armaiz-Flores, S., **Kelly, N. R.**, Galescu, O. A., Altschul, A., Demidowich, A.,... Yanovski, J. A. (2015, Nov). *Overweight status, sex, and the associations between leptin and bone mineral content, bone area and bone mineral density in children and adolescents*. Poster presented at The Obesity Society, Los Angeles, CA.
39. Pivarunas, B., Kelly, N. R., \*Pickworth, C. K., \*Grygorenko, M. V., Radin, R. M.,... Shomaker, L. B. (2015, Aug). *Mindfulness and eating behavior in adolescents at-risk for type 2 diabetes*. Poster presented at the Colorado Clinical and Translational Sciences Institute Summit, Longmont, CO.
38. Suelter, C., Shomaker, L. B., Shanks, M., Schvey, N. A., **Kelly, N. R.**,...Yanovski, J. A. (2015, July). *Pressure to be thin predicts body weight and fat gain in adolescence*. Poster presented at the Society for the Study of Ingestive Behavior, Denver, CO.
37. \*Thompson, K. A., **Kelly, N. R.**, Schvey, N. A., \*Pickworth, C. K., Courville, A.,... Yanovski, J. A. (2015, May) *The association between pressure to be thin and emotional eating in adolescent boys and girls*. Poster presented at the Annual Association of Psychological Science Convention, New York, NY.
36. \*Pickworth, C. K., \*Stout, Z., **Kelly, N. R.**, \*Thompson, K. A., Altschul, A., Vannucci, A., ...Yanovski, J. A. (2015, May). *The relationship between loss of control episode type and symptoms of depression in adolescent girls at risk for type 2 diabetes*. Poster presented at the Annual Association of Psychological Science Convention, New York, NY.
35. \*Armaiz, S. A., **Kelly, N. R.**, Galescu, O. A., Altschul, A. M., Demidowich, A. P.,... Yanovski, J. A. (2015, March). *Association of serum leptin concentrations with axial and appendicular bone mineral density in children and adolescents*. Poster presented at The Endocrine Society's Annual Meeting, San Diego, CA.
34. Schvey, N. A., **Kelly, N. R.**, Shomaker, L. B., \*Pickworth, C. K., Radin, R. M.,...Yanovski, J. A. (2015, March). *Pressure to be thin is associated with fasting glucose and insulin among lean and overweight adolescents*. Paper presented at the Annual Meeting of the American Psychosomatic Society, Savannah, GA.
33. Radin, R. M., Shomaker, L. B., **Kelly, N. R.**, \*Pickworth, C. K., \*Grygorenko, M. V.,... Yanovski, J. A. (2014, Nov). *Cortisol response to stress in adolescents with and without loss of control eating following a test meal*. Poster presented at The Obesity Society, Boston, MA.

32. **Kelly, N. R.**, Shomaker, L. B., \*Pickworth, C. K., \*Grygorenko, M. V., Hannallah, L. M., ...Yanovski, J. A. (2014, Nov). *Induction of negative affect and adolescent girls' and boys' eating in the absence of hunger*. Poster presented at The Obesity Society, Boston, MA.
31. Shomaker, L.B., **Kelly, N. R.**, \*Grygorenko, M., \*Pickworth, C. K., Krause, A. J.,... Yanovski, J. A. (2014, Nov). *Association of hypothalamic-pituitary-adrenal axis activation with depressive symptoms among adolescents at-risk for type 2 diabetes*. Poster presented at The Obesity Society, Boston, MA.
30. \*Pickworth, C. K., Shomaker, L. B., **Kelly, N. R.**, \*Thompson, K. A., Altschul, A.,... Yanovski, J. A. (2015, April). *Differences in threshold and subthreshold depressive symptoms by loss of control eating episode type among adolescents at risk for type 2 diabetes*. Paper presented at the International Conference on Eating Disorders, Boston, MA.
29. Mazzeo, S. E. Stern, M., Tanofsky-Kraff, M., Thornton, L., Bean, M. K., Palmberg, A., **Kelly, N. R.**,...Bulik, C. (2015, April). *Satisfaction, feasibility, and outcomes of a binge eating intervention*. Poster presented at the International Conference on Eating Disorders, Boston, MA.
28. Tanofsky-Kraff, M., Vannucci, A., Hannallah, L., Field, S., Kozlosky, M., Shomaker, L. B., Brady, S., Sbrocco, T., Stephens, M., Young, J., Olsen, C., Cassidy, O., Radin, R., **Kelly, N. R.**,...Yanovski, J. A. (2014, Oct). *Effect of group interpersonal psychotherapy versus group health education on laboratory mood and eating among adolescent girls with loss of control eating*. Paper presented at the Eating Disorders Research Society Meeting, San Diego, CA.
27. Pivarunas, B., **Kelly, N. R.**, \*Pickworth, C. K., \*Grygorenko, M. V., Radin, R. M.,... Shomaker, L. B. (2014, Oct). *Mindfulness and eating behavior in adolescents at-risk for type 2 diabetes*. Poster presented at the Eating Disorders Research Society Meeting, San Diego, CA.
26. \*Pickworth, C. K., **Kelly, N. R.**, Shomaker, L. B., \*Grygorenko, M., Krause, A.,... Yanovski, J. A. (2014, Aug). *Laboratory feeding behavior and metabolic characteristics in adolescent girls with binge eating*. Poster presented at the American Psychological Association Annual Meeting, Washington, DC. *\*Selected for Division 38 (Health Psychology) Outstanding Student Presentation Award*
25. \*Grygorenko, M., **Kelly, N. R.**, Shomaker, L. B., Pickworth, C. K., Hannallah, L. M.,... Yanovski, J. A. (2014, Aug). *Association between sleep quality and eating in the absence of hunger in adolescent girls*. Poster presented at the American Psychological Association Annual Meeting, Washington, DC.
24. Cotter, E. W., Hamilton, N. A., Harney, M. B., **Kelly, N. R.**, & Mazzeo, S. E. (2014, Aug). *Resources and barriers to health of low income parents and caregivers*. Poster presented at the American Psychological Association Annual Meeting, Washington, DC.
23. Shomaker, L. B., Kelly, N. R., \*Pickworth, C. K., Courville, A. B., Tanofsky-Kraff, M., & Yanovski, J. A. (2014, Aug). *Depression and insulin resistance in adolescents at-risk for diabetes*. Paper presented at the Colorado Clinical and Translational Sciences Summit II. Longmont, Colorado.
22. Lehman, D., Shomaker, L. B., \*Grygorenko, M., \*Pickworth, C., **Kelly, N. R.**,...Yanovski, J. A. *Depressive symptoms in mothers and adolescents at risk for diabetes* (2014, May). Poster presented at the Pediatric Academic Societies and Asian Society for Pediatric Research, Vancouver, BC, Canada.
21. **Kelly, N. R.**, Cotter, E. W., & Mazzeo, S. E. (2014, March). *Binge eating among white, black and Asian American men*. Poster presented at the International Conference on Eating Disorders, New York, New York.



20. **Kelly, N. R.**, Cotter, E. W., & Mazzeo, S. E. (2013, Sep). *Examining the moderating properties of distress tolerance and negative urgency on the link between binge eating and negative affect*. Poster presented at the Eating Disorders Research Society Meeting, Bethesda, Maryland.
19. **Kelly, N. R.**, Bulik, C. M., & Mazzeo, S. E. (2013, May). *Executive functioning and behavioral impulsivity of young women who binge eat*. Poster presented at the International Conference on Eating Disorders, Montréal, Québec.
18. Cotter, E. W., **Kelly, N. R.**, Jeffers, A., & Mazzeo, S. E. (2013, May). *Psychometric properties of the Body Appreciation Scale in college men*. Poster presented at the International Conference on Eating Disorders, Montréal, Québec.
17. Palmberg, A., Stern, M., **Kelly, N. R.**, Bulik, C. B., Belgrave, F.,...Mazzeo, S. E. (2013, May). *Mother' concerns about their daughters' eating*. Poster presented at the International Conference on Eating Disorders, Montréal, Québec.
16. Cotter, E. W., **Kelly, N. R.**, Mitchell, K. & Mazzeo, S. E. (2012, Nov). *Validity of the Body Appreciation Scale in African American college women*. Poster presented at the Renfrew Center Foundation Conference, Philadelphia, PA.
15. **Kelly, N. R.**, Lydecker, J. A., & Mazzeo, S. E. (2012, May). *Positive cognitive coping strategies and binge eating in college women*. Poster presented at the International Conference on Eating Disorders, Austin, TX.
14. Palmberg, A. A., Stern, M., Belgrave, F., Bulik, C., Hofmeier, S., **Kelly, N. R.**,...Mazzeo, S. E. (2012, May). *The subjective experience of binge and loss of control eating of adolescent girls*. Poster presented at the International Conference on Eating Disorders, Austin, TX.
13. Mazzeo, S. E., **Kelly, N. R.**, Stern, M., Gow, R., Evans, R.,...Bulik, C. M. (2011, Oct). *Parent skills training to enhance weight loss in overweight children: Evaluation of NOURISH*. Poster presented at The Obesity Society, Orlando, FL.
12. Mazzeo, S. E., **Kelly, N. R.**, Palmberg, A., Stern, M., Belgrave, F.,...Bulik, C. M. (2011, Oct). *Developing an intervention for binge eating among African American adolescent girls: Results of focus groups with mothers and daughters*. Poster presented at The Obesity Society, Orlando, FL.
11. Bair, C., **Kelly, N. R.**, Serdar, K., & Mazzeo, S. E. (2011, Aug). *Effects of appearance-orientated internet use on eating disorder symptomatology in college women*. Poster presented at the American Psychological Association Convention, Washington D.C.
10. **Kelly, N. R.**, McDonald, S. D., Ketchum, J., Nichols, M., & Walker, W. C. (2011, June). *Balance and cognitive functioning: Associations following blast exposure*. Poster presented at the Interagency Conference on Traumatic Brain Injury, Washington, DC.
9. Bean, M., Wilson, D. B., Jones, R., **Kelly, N. R.**, & Mazzeo, S. E. (2011, April). *Dietary changes in NOURISH: An obesity intervention targeting parents of overweight children*. Paper presented at the Society of Behavioral Medicine, Washington, D.C.
8. **Kelly, N. R.**, Bulik, C. M., & Mazzeo, S. E. (2011, April). *Body size perceptions and preferences of black and white girls*. Poster presented at the International Conference on Eating Disorders, Miami, FL.

7. Bair, C., **Kelly, N. R.**, Serdar, K., & Mazzeo, S. E. (2011, April). *Appearance-oriented internet, magazine, and television media: Relation with eating disorder symptomatology in college women*. Poster presented at the International Conference on Eating Disorders, Miami, FL.
6. **Kelly, N. R.**, Mitchell, K., Gow, R. W., Trace, S., Lydecker, J.,...Mazzeo, S. (2010, Oct). *Eating disorder measures in black and white women: Evidence of construct validity*. Poster presented at the Eating Disorder Research Society, Boston, MA.
5. \*Wingfield, N., **Kelly, N. R.**, Serdar, K., Shivy, V., & Mazzeo, S. E. (2009, Sep). *College students' perceptions of individuals with anorexia and bulimia nervosa*. Poster presented at the Eating Disorders Research Society, New York, NY.
4. Mazzeo, S. E., Stern, M., **Kelly, N. R.**, Serdar, K., Gow, R. W.,...Bulik, C. M. (2009, Sep). *Parenting style, child feeding behaviors, and children's body esteem*. Poster presented at the Eating Disorders Research Society, New York, NY.
3. **Kelly, N. R.**, Mazzeo, S. E., Evans, R. K., Stern, M., Thacker, L.,...Laver, J. (2009, Sep). *Physical activity, physical fitness and psychosocial functioning in obese adolescents*. Poster presented at the Eating Disorders Research Society, New York, NY.
2. Gow, R.W., Trace, S.E., Serdar, K., **Heiman, N. R.**, Jonda, J., & Mazzeo, S.E. (2008, May). *Development and pilot testing of a parent intervention to reduce pediatric overweight*. Paper presented at the International Conference of Eating Disorders, Seattle, WA.
1. Saporito, J., **Heiman, N.**, Unger, S., and Teachman, B.A. (2004, Nov). *Disgust cognitions: Predictors of spider and blood-injection-injury fears*. Poster presented at the Association for the Advancement of Behavior Therapy, New Orleans, LA.

## **Media Articles and Interviews**

- Kelly, N. R. (2024, March 4). University of Oregon study reveals gender stereotypes may affect kids' food choices [Interview]. *Think Out Loud, Oregon Public Broadcasting*. <https://www.opb.org/article/2024/03/01/university-of-oregon-study-reveals-influence-of-gender-stereotypes-on-kids-food-choices/>
- Kelly, N. R. (2024, February 12). University of Oregon study finds kids may choose food based on gender stereotypes [Interview]. *KOIN 6 News*. <https://www.koin.com/news/education/university-of-oregon-study-finds-kids-may-choose-food-based-on-gender-stereotypes/>
- Kelly, N. R. (2024, January 17). 'It's not surprising': Nearly 1 in 10 teenagers have turned to pills for weight loss, research shows. Experts on eating disorders day an unregulated supplement industry, social pressure and online marketing have pushed adolescent girls toward diet pills that may do more harm than good [Interview]. *The 19<sup>th</sup> News*. <https://19thnews.org/2024/01/teenage-girls-diet-pills-weight-loss-research/> \*published in Motherly and Teen Vogue as well.
- Kelly, N. R. (2023, March 9). Language for treating childhood obesity carries its own health risks to kids, experts say [Interview]. *The 19<sup>th</sup> News*. <https://19thnews.org/2023/03/aap-guidance-treating-childhood-obesity/>
- Kelly, N. R. (2023, February 9). Obesity discrimination's impact on women [Interview]. *All Sides with Anna Staver, WOSU Public Media*. <https://news.wosu.org/show/all-sides-with-ann-fisher/2023-02-09/obesity-discriminations-impact-on-women>
- Kelly, N. R., & Madison, E. (Hosts). (2022, February 27). Teens and social media with Nichole Kelly (No. 8) [Audio podcast interview]. In *How to Have Kids Love Learning*. <https://podcasts.apple.com/sa/podcast/how-to-have-kids-love-learning/id1665456849>

- Kelly, N. R., Budd, E. L., & Giuliani, N. R. (2021, October 11). If you want to support the health and wellness of kids, stop focusing on their weight. *The Conversation*. <https://theconversation.com/if-you-want-to-support-the-health-and-wellness-of-kids-stop-focusing-on-their-weight-168062>
- Kelly, N. R. (2021, March 28). Fighting with Food. *Ethos Magazine* [Interview]. [https://www.dailymerald.com/ethos/fighting-with-food/article\\_69371aac-8b70-11eb-b6d4-177d0f6bd8f3.html](https://www.dailymerald.com/ethos/fighting-with-food/article_69371aac-8b70-11eb-b6d4-177d0f6bd8f3.html)
- Kelly, N. R. (2020, September 2). Mindfulness mental health curriculum for Cottage Grove 6th graders to expand. *Think Out Loud, Oregon Public Broadcast (OPB)*. <https://www.opb.org/article/2020/09/02/mindfulness-mental-health-curriculum-for-6th-graders-to-expand/>

## **Relevant Leadership and Service Experience**

<b>2025-</b>	Curriculum Committee, College of Education, University of Oregon
<b>2024-</b>	Peer Review of Teaching Committee, Counseling Psychology and Human Services, College of Education, University of Oregon
<b>2024-2025</b>	Lead Guest Editor, Special Issue on Expanding Critical Investigations of Weight Stigma and Eating Behaviors, <i>Journal of the Academy of Nutrition and Dietetics</i>
<b>2022-2023</b>	Promotion and Tenure Committee, College of Education, University of Oregon
<b>2022-2023</b>	University Search Committee, Ballmer Institute for Children's Behavior Health, University of Oregon
<b>2022</b>	Grant Reviewer, National Science Foundation
<b>2022</b>	Promotion Committee, Prevention Science Institute, University of Oregon
<b>2022</b>	Search Committee, tenure-track assistant professor, Human Physiology, University of Oregon
<b>2021-2023</b>	Co-Director, Prevention Science Graduate Programs
<b>2021-2023</b>	Faculty Advisory Committee, College of Education, University of Oregon
<b>2021</b>	Search Committee, tenure-track assistant professor, Human Physiology, University of Oregon
<b>2020-2022</b>	Undergraduate Council, Counseling Psychology and Human Services, College of Education
<b>2020-2022</b>	Lead Guest Editor, Special Issue on Understudied and Underserved Adults, <i>Eating Behaviors</i>
<b>2020</b>	Faculty Commission on Research and Scholarship
<b>2019-2020</b>	College of Education, Internal Governance Review Committee
<b>2019-2020</b>	Faculty mentor, Visiting Scholar Bridge Program, Global Studies Institute
<b>2019-2020</b>	Faculty member, UO-OHSU Innovation Taskforce
<b>2016-2021</b>	Faculty consultant, All Sizes Fit Committee
<b>2016-2021</b>	Chair, Counseling Psychology graduate program admissions committee
<b>2017-current</b>	Editorial Board Member, <i>Eating Behaviors</i>
<b>2016-2019</b>	Editorial Board Member, <i>Journal of the Academy of Nutrition and Dietetics</i>
<b>2018</b>	Faculty member, APA Site Visit for Accreditation of Counseling Psychology doctoral program
<b>2018</b>	Faculty member, Knight Campus Clinical Activities Working Group
<b>2018-2019</b>	Faculty Judge, Graduate Student Research Forum
<b>2018-2019</b>	Chair, Prevention Science Institute working group for outreach coordinator
<b>2018-2019</b>	Search Committee, tenure-track assistant or associate professor, HEDCO Clinic Director, College of Education, University of Oregon
<b>2017-2018</b>	Search Committee, tenure-track assistant professor, Couples and Family Therapy, College of Education, University of Oregon
<b>2016-2017</b>	Faculty member, Leona Tyler Lecture Series Committee

## **Ad Hoc Reviewer Experience**

- *Childhood Obesity*
- *Appetite*
- *Journal of Counseling Psychology*
- *International Journal of Eating Disorders*
- *Eating and Weight Disorders: Studies on Anorexia, Bulimia and Obesity*
- *European Journal of Pediatrics*
- *Obesity Research & Clinical Practice*

- *Eating Behaviors*
- *Journal of Abnormal Child Psychology*
- *Children's Health Care*
- *Body Image*
- *Journal of the Academy of Nutrition and Dietetics*
- *European Eating Disorders Review*
- *PLoS ONE*
- *Obesity*
- *International Journal of Obesity*
- *Sleep Medicine*
- *Pediatric Obesity*
- *Journal of Child Psychology and Psychiatry*
- *Psychological Review*
- *Journal of Adolescent Health*
- *Patient Preference and Adherence*
- *Behavioral Sciences*
- *Diabetes Research and Clinical Practice*
- *Neuropsychiatric Disease and Treatment*
- *Pediatrics*
- *Annals of Behavioral Medicine*
- *Journal of Positive Behavior Interventions*
- *Journal of Pediatrics*
- *BMJ Open*
- *International Journal of Psychology*