

CURRICULUM VITAE

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EDUCATION

2012 Doctor of Philosophy in Counseling Psychology, University of Oregon
2007 Master of Arts in Clinical Psychology, San Diego State University
2005 Bachelor of Arts in Psychology, San Diego State University

POSITIONS

2024 – Present Associate Professor, Department of Counseling and Human Services,
College of Education, University of Oregon
2016 – 2024 Assistant Professor, Department of Counseling and Clinical Psychology,
Teachers College, Columbia University
2014 – 2016 Postdoctoral Researcher, Asian American Center on Disparities Research, University of
California, Davis
2012 – 2014 Postdoctoral Fellow, Division of Prevention and Community Research,
Yale University School of Medicine Department of Psychiatry
2011 – 2012 Predoctoral Psychology Fellow (Clinical Internship), Department of Psychiatry,
Yale University School of Medicine

PUBLICATIONS *denotes role as senior author with student/trainee as first author; †denotes co-first authorship

Peer-Reviewed Journal Articles:

- *Kim, S. E., Huang, C. J., Tsai, W., & **Huang, C. Y.** (2025). The interplay of cultural orientation and discrimination in Asian American parents' racial-ethnic socialization. *Journal of Cross-Cultural Psychology*.
<https://doi.org/10.1177/00220221251333446>
- Khoo, O., Arora, P. G., Caindec, D. D., Rajan, S., & **Huang, C. Y.** (2025). Youth mental health first aid for educators of immigrant-origin youth: A mixed-method evaluation of the virtual delivery approach. *School Psychology*. Advance online publication. <https://doi.org/10.1037/spq0000687>
- *Kim, S. E., Hunt, E. A., Tsai, W., & **Huang, C. Y.** (2024). Profiles of racial discussions and associations with parent sociocultural factors and internalized racism in Asian American families. *Family Process*, 64(1), e13059. <https://doi.org/10.1111/famp.13059>
- Mistur, E. J., Scalora, S. C., Crete, A. A., Anderson, M. R., Jain, K., **Huang, C. Y.**, Noumair, D. A., & Miller, L. (2024). Supporting sexual and gender minority college student wellness: Differential needs and outcomes in a spiritual–mind–body intervention. *Psychology of Sexual Orientation and Gender Diversity*. Advance online publication. <https://doi.org/10.1037/sgd0000775>
- *Kim, S. E., Fanta, A., **Huang, C. Y.**, & Tsai, W. (2024). Cultural orientation, racial-ethnic socialization, and youth adjustment outcomes: Test of a path model with Asian American parents. *Journal of Family Issues*, 45(12), 3084–3107. <https://doi.org/10.1177/0192513X241236542>
- *Huang, C. J. & **Huang, C. Y.** (2024). The moderating role of emotion regulation strategies on Asian American parents' discrimination experiences and mental health during the COVID-19 pandemic. *American Journal of Orthopsychiatry*, 94, 190–201. <https://doi.org/10.1037/ort0000714>
- *Kim, S. E., Hunt, E., Tsai, W., & **Huang, C. Y.** (2024). Examining racial discrimination, internalized racism, and racial-ethnic socialization. *Asian American Journal of Psychology*, 15, 31–41. <https://doi.org/10.1037/aap0000321>
- Huang, C. Y.**, Hunt, E., & Stormshak, E. A. (2023). Differential impact of the school context on ethnic and racial identity and depression for monoracial and multiracial early adolescents. *Frontiers in Psychiatry*, 14, 1080085. <https://doi.org/10.3389/fpsy.2023.1080085>. PMID: 38045617
- Huang, C. Y.**, Zane, N. W., Hunter, L., Vang, L., Joseph, J., & Apeosa-Varano, E. C. (2023). The effects of a cultural movement intervention on promoting health and mental health problems in immigrant populations. *Cultural Diversity and Ethnic Minority Psychology*, 31(1), 46–57. <https://doi.org/10.1037/cdp0000591>

- *Fanta, A., Kodama, K., Kim, S. E., Tsai, W., & **Huang, C. Y.** (2023). Coping, racial discrimination, and psychological distress among Asian American parents. *The Counseling Psychologist*, 51(8), 1066-1095. <https://doi.org/10.1177/00110000231191754>
- Huang, C. Y.**, & Tsai, W. (2022). Asian American parents' experiences of stress, discrimination, and mental health during COVID-19. *Families, Systems, & Health*, 41, 6877. <https://doi.org/10.1037/fsh0000715>. PMID: 35588384
- Huang, C. Y.**, Nishioka, S. A., Zane, N. W., & Uchigakiuchi, P. (2021). Examining risk and protective predictors of substance use among low-income Native Hawaiian and Pacific Islander adolescents. *American Journal of Orthopsychiatry*, 92(1), 18–24. <https://doi.org/10.1037/ort0000582>
- Arora, P. G., Alvarez, K., **Huang, C. Y.**, & Wang, C. (2021). A three-tiered model for addressing the mental health needs of immigrant-origin youth in schools. *Journal of Immigrant and Minority Health*, 23, 151-162. <https://doi.org/10.1007/s10903-020-01048-9>. PMID: 32691276
- Misra, S., Wyatt, L. C., Wong, J. A., **Huang, C. Y.**, Ali, S. H., Trinh-Shevrin, C., ... & Kwon, S. C. (2020). Determinants of depression risk among three Asian American subgroups in New York City. *Ethnicity & Disease*, 30(4), 553-562. <https://doi.org/10.18865/ed.30.4.553>. PMID: 32989355
- Huang, C. Y.**, Roberts, Y. H., Costeines, J., & Kaufman, J. S. (2019). Longitudinal trajectories of parenting stress among ethnic minority adolescent mothers. *Journal of Child and Family Studies*, 28, 1368–1378. <https://doi.org/10.1007/s10826-019-01356-1>. PMCID: PMC6581460
- Connell, C. M., Bory, C., **Huang, C. Y.**, Genovese, M., Moss-Racusin, L., Caron, & Tebes, J. K. (2019). Caseworker assessment of child risk and functioning and their relation to service use in the child welfare system. *Child and Youth Services Review*, 99, 81-86. <https://doi.org/10.1016/j.childyouth.2019.01.027>. PMID: 34326564
- Huang, C. Y.** & Connell, C. M. (2018). Racial/ethnic differences in alcohol use trajectories among adolescents involved in child welfare. *American Journal of Orthopsychiatry*, 89(4), 524–533. <https://doi.org/10.1037/ort0000375>. PMID:30628805
- Huang, C. Y.**, & Zane, N. W. (2016). Cultural influences in mental health treatment. *Current Opinion in Psychology*, 8, 131-136. <https://doi.org/10.1016/j.copsyc.2015.10.009>. PMID: 29506788
- Huang, C. Y.**, Bory, C. T., Caron, C., Tebes, J. K., & Connell, C. M. (2014). Relationship of risk and protective capacity assessment to placement characteristics in a statewide child welfare population. *Child and Youth Services Review*, 46, 85-90. <https://doi.org/10.1016/j.childyouth.2014.07.012>. PMCID: PMC4379446
- Roberts, Y. H., **Huang, C. Y.**, Crusto, C. A., & Kaufman, J. S. (2014). Health, ED use, and early identification of young children exposed to trauma. *Journal of Emergency Medicine*, 46(5), 719-724. <https://doi.org/10.1016/j.jemermed.2013.11.086>. PMCID: PMC4004686
- Case, A. D., Byrd, R., Claggett, E., DeVaux, S., Perkins, R., **Huang, C. Y.**, Sernyak, M. J., Steiner, J. L., Cole, R., LaPaglia, D. M., Bailey, M., Buchanan, C., Johnson, A., & Kaufman, J. S. (2014). Stakeholders' perspectives on community-based participatory research to enhance mental health services. *American Journal of Community Psychology*, 54(3–4), 397–408. <https://doi.org/10.1007/s10464-014-9677-8>. PMID: 25245601
- Huang, C. Y.**, Costeines, J., Ayala, C., & Kaufman, J. S. (2013). Parenting stress, social support, and depression for ethnic minority adolescent mothers: Impact on child development. *Journal of Child and Family Studies*, 23(2), 255–262. <https://doi.org/10.1007/s10826-013-9807-1>. PMCID: PMC3956110
- Huang, C. Y.** & Stormshak, E. (2011). A longitudinal examination of early adolescence ethnic identity trajectories. *Cultural Diversity and Ethnic Minority Psychology*, 17, 261-270. <https://doi.org/10.1037/a0023882>. PMCID: PMC3144497

Book Chapters:

- 'Berger, L., 'Huang, C. Y., & Zane, N. W. (in press). Integrating approaches to advance research on culturally informed evidence-based treatments for Asian Americans. In F. Leong, & G. Bernal (Eds.), *Clinical Psychology of Ethnic Minorities: Integrating Research and Practice*.
- Huang, C. Y.**, Nishioka, S. A., Hunt, E., Wong, S., & Huang, C. J. (2021). Mental health in schools: Issues and considerations for promoting positive youth outcomes. In M. O'Reilly & J. N. Lester (Eds.), *The Palgrave Encyclopedia of Critical Perspectives on Mental Health* (pp. 1-19). New York, NY: Springer. doi.org/10.1007/978-3-030-12852-4_59-1.
- Hunt, E. & **Huang, C. Y.** (2020). Mental Health of Asian American and Pacific Islander Sexual and Gender Minorities. In E. Rothblum (Ed.), *The Oxford Handbook of Sexual and Gender Minority Mental Health*.
- Nishioka, S. A., **Huang, C. Y.**, & Zane, N. W. (2019). Friend or Foe: Empirically-supported treatments for cultural minority clients. In L. Benuto, F. Gonzalez, & J. Singer (Eds.), *Handbook for Cultural Factors in Behavioral Health: A Guide for the Helping Professional*. New York, NY: Springer International Publishing AG.
- Huang, C. Y.**, & Zane, N. W. (2018). Culture and psychological interventions. In D. Matsumoto & H. C. Hwang (Eds.), *Oxford Handbook of Culture and Psychology* (2nd ed.). Oxford University Press.

- Zane, N. W., & **Huang, C. Y.** (2016). Cultural issues in mental health treatment. In M. Gelfand, Chiu, C. Y., & Hong, Y. (Eds.), *Advances in Culture and Psychology* (6th ed.). Oxford University Press.
- Stormshak, E. A., Margolis, K., **Huang, C. Y.**, & Dishion, T. J. (2012). Implementation of a family-centered, school-based intervention to prevent student academic and behavioral problems. In B. Kelly, & D. F. Perkins (Eds.), *Handbook of Implementation Science for Psychology in Education* (pp. 264-276). New York, NY: Cambridge University Press.
- Ho, J., Liang, J., Martinez, J., **Huang, C. Y.**, & Yeh, M. (2006). Racial and ethnic disparities in mental health care for youth. In F. Columbus (Ed.), *Racial and Ethnic Disparities in Health and Health Care*, (pp. 149-203). Hauppauge, NY: Nova Science Publishers.

GRANTS

- 2023-Present *Reducing suicide risk among Asian American youth in New York City: Adaptation and implementation of the Family Check-Up* (\$2,288,000)
NYC Department of Health and Mental Hygiene
Role: Principal Investigator
- 2024 *Discussions about mental health: Developing a toolkit for parents and their adolescent girls* (\$30,000)
Gurls Talk and the Kurt Geiger Kindness Foundation
Role: Principal Investigator
- 2022 *Impact of discrimination on maternal mental health outcomes and development during the COVID-19 Pandemic* (\$62,498)
Administrative Supplement for 5R01HD093707 (PI: Kimberly Noble, Ph.D.) National Institute of Child Health and Human Development
Role: Co-Investigator
- 2022 *Examining parents' implicit attitudes toward mental illness in an acute care setting* (\$20,000)
Teachers College Provost's Collaboration Project Grant
Role: Co-Principal Investigator
- 2021 *Addressing suicide risk among high-risk adolescents: A family-based program for New York City youth and families* (\$10,000)
Emanu-El Teen Philanthropic Grant
Role: Principal Investigator
- 2021 *Impacts of COVID-19 on East and South Asian parents and children: Similarities and differences across Asian subgroups* (\$20,000)
Teachers College Provost Research Fund
Role: Principal Investigator
- 2021 *Cultural effects on parenting behaviors, COVID-19 stress, and mental health among Chinese American parents and children* (\$20,000)
NYU Institute of Human Development and Social Change Seed Award Program
Role: Co-Principal Investigator
- 2019 *Improving youth mental health outcomes through understanding parenting behaviors of Asian American immigrants*
Dean's Competitive Grant for Pre-tenured Faculty
Role: Principal Investigator
- 2018-2019 *The School Connection Study* (\$5,000)
Teachers College, Columbia University
Role: Principal Investigator
- 2017-2019 *Child and adolescent mental health project* (\$20,000)
Provost Investment Fund, Teachers College, Columbia University
Role: Principal Investigator
- 2014-2015 *Eliminating disparities for Asian American and Pacific Islander children: Cultural adaptation of an evidence-based family intervention* (\$10,000)
University of California, Davis Clinical and Translational Science Center
Role: Principal Investigator
- 2013-2015 *Developmental trajectories and psychopathology for ethnic minority youth*
National Institutes of Health: Health Disparities Loan Repayment Program (\$36,000) National Institute on Minority Health and Health Disparities (L60 MD008413)
Role: Principal Investigator
- 2012-2014 *Postdoctoral Research Training Program in prevention research*

National Institute on Drug Abuse (T32 DA019426; PI: Jacob K. Tebes, Ph.D.)

Department of Psychiatry, Yale University School of Medicine

Role: Postdoctoral Fellow

2009-2011 *Development and Psychopathology Training Fellowship*

National Institute of Mental Health (T32 MH020012; PI: Elizabeth Stormshak, Ph.D.) Child and Family Center, University of Oregon

Role: Predoctoral Fellow

SELECT PRESENTATIONS *denotes student-led presentation

National and International Conference Presentations:

Huang, C. Y., & Zhang, X. (2025, November). Perceptions of relationship quality and family functioning among high-risk Asian American adolescents and their caregivers. In A. Peralta (Chair), *Experiences of caregivers supporting adolescents with suicidal thoughts and behaviors* [Symposium]. Accepted for presentation at the 2025 International Summit on Suicide Research (IASR/AFSP), Boston, MA.

Huang, C. Y. (2025, July). *Longitudinal trajectories of racial discrimination experiences among Asian American Families* [Conference presentation]. Accepted for presentation at the 2025 8th Biennial American Psychological Association Division 45 Research Conference, Ann Arbor, MI.

Huang, C. Y., Zhang, X., Kim, S. E., & Tsai, W., (2025, July). Longitudinal associations between parental collectivism and Asian American family conflicts. In C. Huang (Chair), *Asian American family functioning: The role of cultural values on parenting and child outcomes* [Symposium]. Accepted for presentation at the 2025 8th Biennial American Psychological Association Division 45 Research Conference, Ann Arbor, MI.

Tsai, W., Huang, C. J., Kim, S. E., Huang, C. Y. (2025, July). Emotion regulation and parenting behaviors among Asian American Parents: Moderating role of child socioemotional functioning. In C. Huang (Chair), *Asian American family functioning: The role of cultural values on parenting and child outcomes* [Symposium]. Accepted for presentation at the 2025 8th Biennial American Psychological Association Division 45 Research Conference, Ann Arbor, MI.

*Zhang, X., Kim, S. E., Tsai, W., & **Huang, C. Y.** (2025, July). Acculturation, positive reinforcement, and child prosocial behaviors in Asian American families. In C. Huang (Chair), *Asian American family functioning: The role of cultural values on parenting and child outcomes* [Symposium]. Accepted for presentation at the 2025 8th Biennial American Psychological Association Division 45 Research Conference, Ann Arbor, MI.

Huang, C. Y. (2025, April). Adapting the Family Check-Up to address depression and suicidal behaviors in Asian American adolescents in culturally responsive ways. In K. Alvarez (Chair), *Novel approaches to suicide prevention for ethnoracially minoritized youth: Advancing family-based interventions in multiple contexts* [Symposium].

Huang, C. Y. (2024, November). *Incorporating Culture into Cognitive Behavioral Therapy for Ethnically Diverse Populations: Recent Advances in Clinical Practice, Training, and Dissemination.* [Panel discussion]. Association for Behavioral and Cognitive Therapies (ABCT) 2024 Annual Meeting in Philadelphia, PA. Presented at the 2025 Suicide Research Symposium (Virtual).

Huang, C. Y., Kim, S. E., Fanta, A., & Huang, C. J. (2023, March). *Asian American families experiencing discrimination: Insights for culturally responsive practice and future research* [Symposium presentation]. 2023 International Convention of Psychological Science (ICPS), Brussels, Belgium.

Huang, C. Y., Fanta, A., Huang, C. J., & Lucio, D. (2023, March). *Asian American families experiencing discrimination: Insights for culturally responsive practice and future research* [Symposium presentation]. International Convention of Psychological Science, Brussels, Belgium.

*Kim, S., Wong, S., Fanta, A., & **Huang, C. Y.** (2022, February). *Asian American experiences of COVID19 racial discrimination: Risk and protective factors for mental health outcomes* [Roundtable discussion]. Annual Winter Roundtable Conference in Psychology and Education, New York, NY.

Huang, C. Y. (2021, June). *A family-based approach to preventing suicide: Implications for Asian American youth and families* [Conference presentation]. Youth Suicide Research Consortium 2021 Annual Meeting (Virtual).

Huang, C. Y., & Rajan, S. (2019, August). The School Connection Study: Cultivating social emotional learning through physical activity. In C. Huang (Chair), *School-based approaches to promoting child and adolescent mental health* [Symposium]. 2019 Annual Convention of the American Psychological Association Convention, Chicago, IL.

Huang, C. Y. (2018, October). Enhancing the cultural relevance of parenting prevention interventions. In N. Zane (Chair), *Using evidence-based approaches to guide the development of culturally adapted treatments* [Symposium]. 2018 World Congress of the World Association of Cultural Psychiatry, New York, NY.

Huang, C. Y., & Nishioka, S. A. (2018, August). Enhancing the cultural relevance of an evidence-based intervention for Asian immigrant parents. In C. Huang (Chair), *Novel approaches to improving evidence based interventions for*

ethnic minority and immigrant youth [Symposium]. 2018 Annual Convention of the American Psychological Association, San Francisco, CA.

Huang, C. Y. (2017, August). A cultural movement-based mental health intervention for Asian immigrant communities. In N. Zane (Chair), *Innovative interventions that mitigate stigma, shame and face loss issues among Asian Americans* [Symposium]. 2017 Annual Convention of the American Psychological Association, Washington, DC.

Huang, C. Y. (2017, June). Moderator/discussant of session, *Innovative programs for promoting health and mental health equity in early childhood*. 2017 Society for Prevention Research Annual Meeting, Washington, DC.

Zane, N., Berger, L., & **Huang, C. Y.** (2016, August). *Integrating culturally-oriented approaches to advance research on culturally informed evidence-based treatments* [Keynote symposium]. 2016 Annual Convention of the American Psychological Association, Denver, CO.

Huang, C. Y. & Zane, N. (2016, August). Understanding ethnic and cultural differences in social validity ratings of an evidence-based parenting intervention. In C. Huang (Chair), *Empirically-based strategies for enhancing cultural inclusion in evidence-based treatment* [Symposium]. 2016 Annual Convention of the Asian American Psychology Association, Denver, CO.

Zane, N., Berger, L., & **Huang, C.** (2016, August). Empirically-based strategies for enhancing cultural inclusion in evidence-based treatments. In C. Huang (Chair), *Empirically-based strategies for enhancing cultural inclusion in evidence-based treatment* [Symposium]. 2016 Annual Convention of the Asian American Psychological Association, Denver, CO.

Huang, C. Y. & Zane, N. (2016, July). *Addressing social validity in parenting interventions for Asian immigrant parents* [Symposium presentation]. 2016 4th Biennial American Psychological Association Division 45 Research Conference, Stanford, CA.

Zane, N., Berger, L., & **Huang, C.** (2016, July). *Integrating culturally-oriented approaches to advance research on culturally informed evidence-based treatments* [Symposium presentation]. 2016 4th Biennial American Psychological Association Division 45 Research Conference, Stanford, CA.

Huang, C. Y. & Connell, C. M. (2014, March). *A longitudinal examination of substance use trajectories for ethnic minority youth in the child welfare system* [Paper presentation]. Society for Research on Adolescence Biennial Meeting, Austin, TX.

Huang, C. Y., Costeines, J., Ayala, C., & Kaufman, J. (2013, August). *Impact of parenting stress, social support, and parental depression on development* [Paper presentation]. American Psychological Association Convention, Honolulu, HI.

Huang, C. Y. & Stormshak, E.A. (2013, April). *Influence of school context on ethnic identity and depression for ethnic minority early adolescents* [Paper presentation]. Society for Research in Child Development Biennial Meeting, Seattle, WA.

Invited Talks:

Huang, Y. (2025, September). *New directions for mental health and well-being*. Invited presentation by the Spencer Foundation, Chicago, IL.

Huang, C. Y. & Tsai, W. (2022, September). *Common stressors in youth & ways to promote wellness*. Invited presentation by the Chatham Square New York Public Library, New York, NY.

Huang, C. Y. (2022, March). *reducing Asian American mental health disparities through culturally relevant, family-focused research*. Invited talk for the Yale University School of Medicine, Department of Prevention and Community Research (DPCR), New Haven, CT.

Huang, C. Y. (2021, May). *The mental health status of Asian American youth and families*. Invited presentation by the Trevor Day School, New York, NY.
can help. Invited talk by Vibrant Emotional Health Family Resource Center, New York, NY.

Huang, C. Y. (2019, February). *How to nurture resilient children*. Invited talk by the Community Education Council District 2, New York, NY.

Huang, C. Y. (2019, January). *Promoting healthy racial and ethnic identity development*. Invited talk for the Trevor Day School Diversity Team event, New York, NY.

Huang, C. Y. (2018, September). *Parent engagement in youth mental health services*. Invited talk for the Hamilton-Madison House Predoctoral Psychology Internship Seminar, New York, NY.

Huang, C. Y. (2017, November). *Working with ethnic minority youth and immigrant youth and families: Incorporating cultural considerations into a prevention approach*. Invited talk for the Mental Health Counseling Program at Pace University, Pleasantville, NY.

AWARDS AND PROFESSIONAL ACTIVITIES

Awards and Honors:

2021	Recipient, Bruce S. Goldberg Postdoctoral Fellowship (to fund a Postdoctoral Fellow), Teachers College, Columbia University
2015	Fellow, Child Intervention, Prevention, and Services Fellowship (CHIP), National Institute of Mental Health
2013	Recipient, Society for Research in Child Development Early Career Travel Award
2012	Recipient, Annual Biomedical Research Conference for Minority Students Judges' Award
2012	Leadership Award Recipient, Yale University School of Medicine, Department of Psychiatry
2011-2014	Fellow, The Edward Zigler Center in Child Development and Social Policy, Child Study Center, Yale University School of Medicine
2009	Honorable Mention, Ford Diversity Predoctoral Fellowship Program, Ford Foundation, National Research Council of the National Academies

Professional Organizations and Activities:

2022-Present	Ad-hoc Reviewer, American Psychologist
2022-Present	Ad-hoc Reviewer, Journal of Counseling Psychology
2020-Present	Ad-hoc Reviewer, Journal of Adolescent Health
2018-2025	Associate Editor, Journal of Child and Family Studies
2017-2021	Editorial Board, Journal of Multicultural Counseling and Development
2016-Present	Member, APA Division 53, Society of Clinical Child and Adolescent Psychology
2015-Present	Member, APA Division 45, Culture and Ethnic Minority Psychology
2015-Present	Member, Asian American Psychological Association (AAPA)
2014-Present	Member, APA Division 37, Society for Child and Family Policy and Practice
2010-Present	Member, Society for Research in Child Development (SRCD)
2009-Present	Member, Society for Research on Adolescence (SRA)
2009-Present	Member, Society for Prevention Research (SPR)
2007-Present	Member, APA Division 17, Society of Counseling Psychology
2007-Present	Member, American Psychological Association (APA)

Boards and Committees:

2022-Present	Advisory Board Member, Gurls Talk
2018-2021	Subcommittee Chair, Early Career Steering Committee of the Society for Prevention Research
2018-2020	Member, Diversity Network Committee, Society for Prevention Research